



Chelan Senior Meals

December 2019



Monday	Tuesday	Wednesday	Thursday	Friday-Manson
2 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert	3 Hearty Turkey Noodle Soup Tossed Veggie Salad Fresh Fruit Tray WW Roll Dessert	4 Orange Glazed Chicken Garden rice Stir Fry Vegetables Asian Style Slaw Pineapple WW Roll Dessert 	5 Lasagna Mixed Vegetables Caesar Salad Pears Garlic Bread Dessert	6 French Dip Sandwich Vegetable Tray Garden Salad Orange Quarters Dessert
9 Chicken Florentine Pasta Cuke & Tomato Salad Fruit Salad Garlic Bread Dessert	10 BBQ Meatballs Jo Jo's Normandy Vegetables Caesar Salad Tropical Fruit WW Bread or Roll Dessert	11 Chicken Cacciatore Rice Pilaf Italian Vegetables Grapes WW Roll Dessert	12 Macaroni & Cheese with Bacon Peas Tossed Green Salad Mixed Berries WW Roll Dessert 	13 Garden Chili Cottage Cheese Cucumber Salad Tortilla Chips Cheesy Biscuit Apple Crisp
16 Chicken Pot Pie Garden Salad Mixed Berries WW Roll Dessert 	17 Harvest Stew Coleslaw Orange Quarters WW Roll Oatmeal Cookies	18 Chicken Burger Deluxe Sweet Potato Fries Veggie Tray Chilled Peaches Dessert	19 Beef & Tomato Pasta Casserole Spinach Salad Apricots WW Roll Dessert	20 Enchiladas Baja Veggie Blend Fresh Salsa Mandarin Oranges Dessert
23 Baked Ham Scalloped Potatoes Glazed Carrots Chopped Kale Salad Pineapple & Cherries Bread Raisin Pudding	24 	25	26 Meatloaf Potatoes & Gravy Green Beans Garden Salad WW Bread or Roll Fruited Jell-O	27 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert
30 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	31 French Dip Sandwich Vegetable Tray Garden Salad Apple Celery Salad Dessert		Seniors Age 60 & over—suggested donation \$4.00 Under age 60—\$8.50 FEE Please call 509-470-0522 for more information about the Home Delivered Meal program.	



Entiat Senior Meals December 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread	3	4	5 Lasagna Mixed Vegetables Caesar Salad Pears Garlic Bread Dessert	6 
9 Chicken Florentine Pasta Cuke & Tomato Salad Fruit Salad Garlic Bread Dessert	10 	11	12 Macaroni & Cheese with Bacon Peas Tossed Green Salad Mixed Berries WW Roll Dessert	13
16 Chicken Pot Pie Garden Salad Mixed Berries WW Roll Dessert	17	18	19 Beef & Tomato Pasta Cas- serole Spinach Salad Apricots WW Roll Dessert	20 
23 Baked Ham Scalloped Potatoes Glazed Carrots Chopped Kale Salad Pineapple & Cherries Bread Raisin Pudding	24 	25	26 Meatloaf Potatoes & Gravy Green Beans Garden Salad WW Bread or Roll Fruited Jell-O	27
30 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	31 			

24 HOURS IN ADVANCE TO RESERVE OR CANCEL

It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it—Please call and cancel!
For Chelan 888-4440 between 8am & 2 pm
For Entiat 888-0952

**Seniors Age 60 & over—suggested donation
\$4.00**

Under age 60—\$8.50 FEE

Please call 509-470-0522 for more information about the Home Delivered Meal program.



Manson Senior Meals December 2019



Monday	Tuesday	Wednesday	Thursday	Friday-MANSON
2 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread	3 Hearty Turkey Noodle Soup Tossed Veggie Salad Fresh Fruit Tray WW Roll Dessert	4 Orange Glazed Chicken Garden rice Stir Fry Vegetables Asian Style Slaw Pineapple WW Roll	5 Lasagna Mixed Vegetables Caesar Salad Pears Garlic Bread Dessert	6 French Dip Sandwich Vegetable Tray Garden Salad Orange Quarters Dessert
9 Chicken Florentine Pasta Cuke & Tomato Salad Fruit Salad Garlic Bread Dessert	10 BBQ Meatballs Jo Jo's Normandy Vegetables Caesar Salad Tropical Fruit WW Bread or Roll Dessert	11 Chicken Cacciatore Rice Pilaf Italian Vegetables Grapes WW Roll Dessert	12 Macaroni & Cheese with Bacon Peas Tossed Green Salad Mixed Berries WW Roll Dessert	13 Garden Chili Cottage Cheese Cucumber Salad Tortilla Chips Cheesy Biscuit Apple Crisp
16 Chicken Pot Pie Garden Salad Mixed Berries WW Roll Dessert	17 Harvest Stew Coleslaw Orange Quarters WW Roll Oatmeal Cookies	18 Chicken Burger Deluxe Sweet Potato Fries Veggie Tray Chilled Peaches Dessert	19 Beef & Tomato Pasta Casserole Spinach Salad Apricots WW Roll Dessert	20 Enchiladas Baja Veggie Blend Fresh Salsa Mandarin Oranges Dessert
23 Baked Ham Scalloped Potatoes Glazed Carrots Chopped Kale Salad Pineapple & Cherries Bread Raisin Pudding	24 MERRY CHRISTMAS Reindeer		26 Meatloaf Potatoes & Gravy Green Beans Garden Salad WW Bread or Roll Fruited Jell-O	27 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert
30 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	31 French Dip Sandwich Vegetable Tray Garden Salad Apple Celery Salad Dessert	Seniors Age 60 & over—suggested donation \$4.00 Under age 60—\$8.50 FEE Please call 509-470-0522 for more information about the Home Delivered Meal program.		

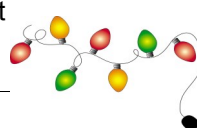
24 HOURS IN ADVANCE TO RESERVE OR CANCEL

It is very costly to the senior meal program when you do not cancel your reservations.
If you know you can't make it—Please call and cancel!
For Chelan 888-4440 between 8am & 2 pm For Manson 687-3377



Leavenworth Senior Meals December 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2 Beef & Tomato Pasta Casserole Spinach Salad Chilled Peaches WW Roll Desserts	3 Baked Chicken Wild Rice Glazed Carrots Kale Slaw Fruit Cocktail WW Roll Dessert	4 Bacon Cheeseburger Sweet Potato Fries Southwest Salad Oregon Berries Dessert	5 Chicken Paprika Egg Noodles Broccoli Cucumber Salad Mandarin Oranges WW Roll Dessert	6 Sloppy Joe Sandwich Jo Jo's Coleslaw Apricots Dessert 
9 Stuffed Cabbage Rolls Trio Vegetables 7 Layer Salad WW Bread or Roll Apricot Crisp	10 Pork Chops & Gravy Mashed Potatoes Green Beans Garden Salad Applesauce Biscuit with Chives Dessert	11 Chef Salad Potato Soup Mixed Fruit WW Roll Cereal Bars 	12 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	13 Ham & Au Gratin Potato Casserole Peas & Carrots Tossed Green Salad Waldorf Salad WW Roll Dessert
16 Pork Chow Mein Stir Fry Vegetables Asian Slaw Mandarin Oranges WW Roll Dessert 	17 Garden Chili Cottage Cheese Mixed Greens Salad Tortilla Chips Cheesy Biscuit Fruited Jell-O	18 Country Fried Steak Potatoes & Gravy Green Beans Tossed Veggie Salad Fruit Cocktail WW Roll Dessert	19 Lasagna Mixed Vegetables Caesar Salad Pears Garlic Bread Dessert	20 Tuna & Rice Bake California Vegetables Greek Salad Applesauce Garlic Bread Dessert
23 Roast Beef Baked Potato Green Bean Casserole 7 Layer Salad Fruit Ambrosia WW Roll Special Dessert	24 	25	26 Chicken Fettuccine Italian Vegetables Caesar Salad Mandarin Oranges Bread Sticks Dessert	27 Harvest Stew Coleslaw Peaches WW Roll Oatmeal Cookies
30 Salisbury Steak Potatoes & Gravy Trio Vegetables Spinach Salad WW Roll Fruit Cobbler	31 Hearty Turkey Noodle Soup Tossed Veggie Salad Fresh Fruit Tray WW Roll Dessert	Seniors Age 60 & over—suggested donation \$4.00 Under age 60—\$8.50 FEE Please call 509-548-6666 for more information about the Home Delivered Meal program.		 <i>volunteers give the gift of joy...</i>