
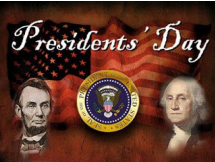





Davenport Senior Meals February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Seniors Age 60 & over—suggested donation \$4.00</p> <p>Under age 60—\$8.50 FEE</p> <p>Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979</p>				
4	5 Hot Turkey Sandwich Mashed Potatoes Green Beans Spring Salad Cranberry Salad Pumpkin Pie	6	7 Teriyaki Beef over Rice Oriental Vegetables Spinach Salad Mandarin Oranges Garlic Bread Dessert	8 BBQ Chicken Macaroni & Cheese Broccoli Normandy Spiced Salad Muffin Apple Crisp
11	12 Hamburger Steak with Grilled Onions Twice Bake Potatoes Trio Vegetables Garden Veggie Salad WW Bread Berry Crisp	13 	14 Dijon Chicken Breast Garden Rice Cauliflower & Chives Mixed Greens Salad Citrus Salad WW Bread Dessert	15 Bacon & Egg Salad on Croissant Sandwich Tomato Slices Spinach Salad Waldorf Salad Dessert
18 	19 Meatloaf & Gravy Mashed Potatoes Green Beans Carrot Raisin Salad Mandarin Oranges WW Bread or Roll Dessert	20	21 Chicken Spaghetti Casserole California Vegetables Greek Salad Fruit Salad Garlic Bread Dessert	22 Navy Bean & Ham Soup Crunchy Pea Salad Tossed Green Salad Peaches Cornbread Dessert
25	26 Cheeseburger Pie Corn Tossed Vegetable Salad Fruit cocktail French Bread Dessert	27	28 Pizza Supreme Caesar Salad Tropical Fruit Garlic Bread Dessert	

WE 
VOLUNTEERS



Harrington Senior Meals February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1 BBQ Chicken Macaroni & Cheese Broccoli Normandy Spiced Salad Muffin
4 	5 Hot Turkey Sandwich Mashed Potatoes Green Beans Spring Salad Cranberry Salad Pumpkin Pie	6	7 Teriyaki Beef over Rice Oriental Vegetables Spinach Salad Mandarin Oranges Garlic Bread Dessert	8 Fish & Chips Carrots Cabbage/Apple Slaw Fruit Cocktail WW Bread or Roll Dessert
11 	12 Hamburger Steak with Grilled Onions Twice Bake Potatoes Trio Vegetables Garden Veggie Salad WW Bread Berry Crisp	13	14 Dijon Chicken Breast Garden Rice Cauliflower & Chives Mixed Greens Salad Citrus Salad WW Bread Dessert	15 Bacon & Egg Salad on Croissant Sandwich Tomato Slices Spinach Salad Waldorf Salad Dessert
18 	19 Meatloaf & Gravy Mashed Potatoes Green Beans Carrot Raisin Salad Mandarin Oranges WW Bread or Roll Dessert	20 	21 Chicken Spaghetti Casserole California Vegetables Greek Salad Fruit Salad Garlic Bread Dessert	22 Navy Bean & Ham Soup Crunchy Pea Salad Tossed Green Salad Peaches Cornbread
25	26 Cheeseburger Pie Corn Tossed Vegetable Salad Fruit cocktail French Bread Dessert	27	28 Pizza Supreme Caesar Salad Tropical Fruit Garlic Bread Dessert	

Seniors Age 60 & over—suggested donation \$4.00

Under age 60—\$8.50 FEE

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Odessa Senior Meals February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">Seniors Age 60 & over—suggested donation \$4.00</p> <p style="text-align: center;">Under age 60—\$8.50 FEE</p> <p style="text-align: center;">Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979</p>				1
<p>4 Hot Turkey Sandwich Potatoes & Gravy Spinach Spring Salad Cranberry Salad Pumpkin Pie</p>	<p>5</p> 	<p>6 Teriyaki Beef Rice Oriental Vegetables Spinach Salad Mandarin Oranges Garlic Bread Dessert</p>	<p>7 Fish & Chips Carrots Cabbage Apple Slaw Fruit Cocktail WW Bread or Roll Dessert</p>	8
<p>11 Swedish Meatballs Penne Pasta Italian Vegetables Spiced Salad Peaches Garlic Bread Dessert</p>	<p>12</p>	<p>13 Cheeseburger Pie Corn Tossed Veggie Salad Fruit Cocktail French Bread Dessert</p> 	<p>14 Ham Steak Scalloped Potatoes Mixed Vegetables Spinach Salad Citrus Salad WW Bread or Roll Dessert</p>	15
<p>18</p> 	<p>19</p>	<p>20 Beef Fajitas Spanish Rice Tossed Green Salad Oregon Berries over Ice Cream</p>	<p>21 Navy Bean & Ham Soup Crunchy Pea Salad Tossed Green Salad Cornbread Dessert</p>	22
<p>25 Supreme Style Pizza Caesar Salad Tropical Fruit Garlic Bread Dessert</p>	<p>26</p> 	<p>27 Clam Chowder Cottage Cheese Broccoli Salad Three Bean Salad Peaches WW Bread or Roll Dessert</p>	<p>28 Beef Stew Spinach Salad Banana Biscuit Dessert</p>	



Wilbur Senior Meals

February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5 Hot Turkey Sandwich Mashed Potatoes Spinach Spring Salad Cranberry Salad Pumpkin Pie	6 Teriyaki Beef Rice Oriental Vegetables Spinach Salad Mandarin Oranges Garlic Bread Dessert	7 Lemon Baked Fish Parsley Potatoes Steamed Broccoli Coleslaw Oregon Berries WW Bread or Roll Dessert	8
11	12 BBQ Chicken Macaroni & Cheese Spiced Salad Muffin Apple Crisp	13 Bacon & Egg Salad Sandwich on Croissant Tomato Slices Spinach Salad Citrus Salad Dessert	14 Cheese Ravioli in Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	15
18 CLOSURE	19 Supreme Style Pizza Caesar Salad Tropical Fruit Garlic Bread Dessert	20 Clam Chowder Cottage Cheese Broccoli Salad Three Bean Salad Peaches WW Bread or Roll Dessert	21 Ham Steak Scalloped Potatoes Italian Vegetables Spinach Salad Citrus Salad WW Bread or Roll Dessert	22
25	26 Pork Chops Potatoes & Gravy Peas & Carrots Green Salad Applesauce WW Roll Dessert	27 Chicken Spaghetti Casserole California Vegetables Greek Salad Fruit Salad Garlic Bread Dessert	28 Chicken Burger Deluxe Sweet Potato Fries Waldorf Salad Dessert	

Seniors Age 60 & over—suggested donation \$4.00
Under age 60—\$8.50 FEE

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