



# DAVENPORT



PLEASE CALL 509-725-7055 TO RESERVE MEALS

24 HOURS IN ADVANCE

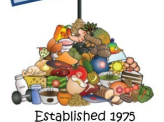
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 CLOSED 	5 Pepper Steak Steamed Rice Sour Cream & Cukes Grapes WW Roll Dessert	6 Clam Chowder Cottage Cheese Spiced Salad Watermelon Cheesy Garlic Toast Dessert	7
10	11 Pork Roast Stuffing & Gravy Green Beans Tossed Salad Applesauce Dessert	12 Chef's Salad Mixed Melons WW Roll Cereal Bars	13 Beef Tacos Spanish Rice Mexican Slaw Cinnamon pears Dessert	14
16	17 Chicken Fettuccine Alfredo Carrots Spring Salad Fresh Fruit Dessert	19 Country Fried Steak Mashed Potatoes/Gravy Trio Vegetables Tossed Salad Peaches WW Roll Dessert	20 Turkey Sandwich Deluxe Pea Salad Three Bean Salad Mixed Melons Dessert	21
23	24 French Dip Sandwich Jo Jo's Cucumber Salad Apple Slices Dessert	26 Baked Fish Fillet Herbed Fettuccine Key West Vegetables Tossed Salad Mixed Berries Angel Food Cake	27 Quiche Spinach Salad Pea Salad Pineapple & Cherries Muffin	28
30	31 Deluxe Cheeseburger Potato Salad Three Bean Salad Watermelon Dessert	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p> </div>		

For information about Home Delivered Meals call 509-826-7979.

You can visit our website at [www.octn.org](http://www.octn.org) and follow us on Facebook!



Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840



July  
2023

ODESSA



PLEASE CALL 509-982-2654 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Biscuits & Gravy Oven Brown Potatoes Stewed Tomatoes Orange Quarters Muffin	4 CLOSED 	5 Supreme Style Pizza Caesar Salad Pears Dessert	6 Chicken Fettuccine Alfredo Carrots Spring Salad Fresh Fruit Dessert	7
10 Tater Tot Casserole Green Beans Garden Salad Peaches WW Roll Oatmeal Cookie	11	12 Chicken Enchiladas Seasoned Rice Coleslaw Cuke/Watermelon Salad Mandarin Oranges Dessert	13 Chef's Salad Mixed Melons WW Roll Cereal Bars	14
17 Country Fried Steak Mashed Potatoes/Gravy Trio Veggies Garden Salad Peaches WW Roll Dessert	18	19 Chili w/Cheese & Onions Sweet Potato Waffle Fries Corn Salad Green Salad Mixed Melons Cornbread Dessert	20 Baked Fish Fillet Garlic Noodles Peas Cabbage/Apple Slaw Mixed Berries Angel Food Cake	21
24 Deluxe Turkey Sandwich Potato Salad Three Bean Salad Fresh Fruit Dessert	25	26 Beef Stew Cottage Cheese Garden Salad Peaches Biscuit Dessert	27 Liver & Onions Mashed Potatoes / Gravy Green Beans WW Roll Cherry Crisp	28
31 French Dip Sandwich Jo Jo's Crunchy Pea Salad Apple Slices Dessert	<div style="border: 2px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p> </div>			

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July  
2023

WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS  
24 HOURS IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 CLOSED 	5 Supreme Style Pizza Caesar Salad Pears Dessert	6 Chicken Fettuccine Alfredo Carrots Spring Salad Fresh Fruit Dessert	7 Cheeseburger Deluxe Potato Salad Three Bean Salad Watermelon Dessert
10	11 Biscuits & Gravy Oven Brown Potatoes Stewed Tomatoes Orange Quarters Muffin	12 Baked Ham Scalloped Potatoes Chuck Wagon Corn Greek Salad Pineapple Dessert	13 Chicken Stir Fry Rice Coleslaw Mandarin Oranges Egg Roll Dessert	14 Chili Sweet Potato Waffle Fries Tossed Salad Corn & Tomato Salad Mixed Melons Cornbread Dessert
17	18 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	19 French Dip Sandwich Jo Jo's Crunchy Pea Salad Apple Slices Dessert	20 Country Fried Steak Mashed Potatoes/Gravy Trio Vegetables Tossed Salad Mandarin Oranges WW Roll Dessert	21 Baked Fish Fillet Herbed Fettuccine Peas Cabbage & Apple Slaw Mixed Berries Angel Food Cake
24	25 Beef Tacos Spanish Rice Mexican Style Slaw Cinnamon Pears Dessert	26 Chef's Salad Mixed Melons WW Roll Cereal Bars	27 Sweet & Sour Meatballs Wild Rice Oriental Vegetables Cucumber Salad Tropical Fruit WW Roll Dessert	28 Hot Dog Potato Salad Pea Salad Strawberry Shortcake
31	<p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p>			 Established 1975

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