




BREWSTER - BRIDGEPORT—PATEROS

PLEASE CALL 509-689-2815 TO RESERVE MEALS

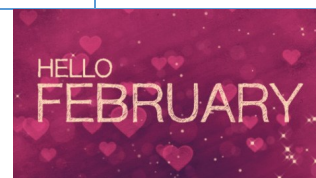
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1  Established 1975	2 BBQ Chicken Mac & Cheese Broccoli Normandy Spiced Salad Apple Crisp	3 Hot Turkey Sandwich Mashed Potatoes Peas & Carrots Tossed Veggie Salad Cranberry Salad Dessert	4 Beef Stew Spinach Salad Banana Biscuit Cereal Bars	5
8	9 Spaghetti & Meat Sauce Caesar Salad Spiced Pears Garlic Bread Dessert	10 Chicken Salad Croissant Vegetable Soup Grapes Dessert	11 Honey Dijon Chicken Roasted Red Potatoes Chuck Wagon Corn Mixed Greens Salad Citrus Salad WW Roll Dessert	12
15 CLOSED 	16 Lemon Baked Fish Rosemary Potatoes Mixed Vegetables 7 Layer Salad Focaccia Bread Fruit Crisp	17 Beef Stroganoff Green Beans Tossed Green Salad Apricots French Bread Dessert	18 White Bean Chicken Chili Corn Chips Spinach Salad Peaches WW Roll Dessert	19
22	23 Chicken Florentine Garden Salad Fresh Fruit Garlic Bread Dessert	24 Teriyaki Beef Steamed Rice Oriental Vegetables Spinach Salad Mandarin Oranges Egg Roll Dessert	25 Clam Chowder Three Bean Salad Peaches Cheesy Garlic Bread Oatmeal Cookies	26
				

For information about Home Delivered Meals call 844-826-7979.

You can visit our website at www.octn.org and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





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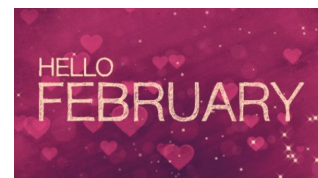


CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BBQ Chicken Mac & Cheese Broccoli Normandy Spiced Salad Apple Crisp	2 Teriyaki Beef on Rice Oriental Vegetables Spinach Salad Mandarin Oranges Garlic Bread Dessert	3 Stuffed Pepper Soup Cottage Cheese Mixed Greens Salad Fruit Cocktail Cornbread Dessert	4 Chicken & Dumplings Spring Salad Fruit Salad WW Roll Dessert	5
8 Honey Dijon Chicken Garden Rice Cauliflower & Chives Mixed Greens Salad Citrus Salad WW Bread or Roll Dessert	9 Country Fried Steak Potatoes & Gravy Chuck Wagon Corn Garden Salad Chilled Pears WW Roll Dessert	10 Chicken Salad on a Croissant Vegetable Soup Grapes Dessert	11 Hamburger Steak with Grilled Onions Twice Bake Potatoes Four Way Veggie Blend Garden Veggie Salad WW Bread or Roll Berry Crisp	12 
15 CLOSED 	16 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Peaches WW Roll Dessert	17 Cabbage Roll Casserole Green Salad Strawberries & Bananas WW Roll Dessert	18 Hot Turkey Sandwich Mashed Potatoes Green Beans Tossed Salad Cranberry Salad Dessert	19
22 Meatloaf & Gravy Mashed Potatoes Green Beans Tossed Salad Apple Celery Salad WW Bread or Roll Dessert	23 Bacon & Egg Salad Sand- wich on Croissant Homemade Veggie Soup Carrot Raisin Salad Mandarin Oranges Dessert	24 Ham Steak Scalloped Potatoes Spinach Salad Pineapple WW Bread or roll Tapioca Pudding	25 Beef Stroganoff Key West Veggies Tossed Green Salad Apricots French Bread Dessert	26



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DAVENPORT

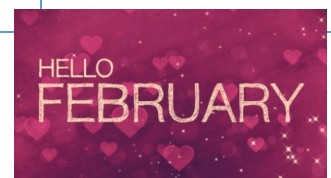
PLEASE CALL 509-725-7055 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Cheese Ravioli with Meat Sauce Key West Blend Veggies Caesar Salad Apricots Garlic Bread Dessert	3	4 BBQ Chicken Macaroni & Cheese Broccoli Normandy Spiced Salad Apple Crisp	5 Lemon Baked Cod Pesto Pasta Scandinavian Vegetables Green Salad Citrus Salad WW Roll Dessert
8	9 Chicken & Dumplings Spring Salad Fruit Ambrosia Cherry Cobbler	10	11 Hamburger Steak with Grilled Onions Mashed Potatoes & Gravy 4 Way Veggie Blend Garden Salad Herb Bread Berry Crisp	12 Honey Dijon Chicken Garden Rice Cauliflower & Chives Mixed Greens Salad Citrus Salad WW Roll Dessert
15 CLOSED 	16 Pork Chops & Gravy Stuffing Peas & Carrots Tossed Salad Applesauce Dessert	17	18 Chicken Spaghetti Casserole Greek Salad Fruit Salad Garlic Bread Dessert	19 Roast Beef & Gravy Roasted Potatoes Caribbean Vegetables Spinach Salad WW Roll Fruited Jell-O
22	23 Stuffed Cabbage Rolls Green Salad Strawberries & Bananas WW Roll Dessert	24	25 Hot Turkey Sandwich Mashed Potatoes Green Beans Tossed Veggie Salad Cranberry Salad Dessert	26 Ham Steak with Pineapple Glaze Scalloped Potatoes Spinach Salad Citrus Salad Herb Bread Tapioca Pudding
				

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ENTIAT

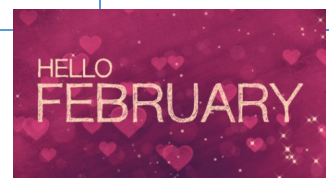
PLEASE CALL 509-888-4440 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BBQ Chicken Mac & Cheese Broccoli Normandy Spiced Salad Apple Crisp	2  Established 1975	3	4 Chicken & Dumplings Spring Salad Fruit Salad WW Roll Dessert	5
8 Honey Dijon Chicken Garden Rice Cauliflower & Chives Mixed Greens Salad Citrus Salad WW Bread or Roll Dessert	9	10	11 Hamburger Steak with Grilled Onions Twice Bake Potatoes Four Way Veggie Blend Garden Veggie Salad WW Bread or Roll Berry Crisp	12
15 CLOSED 	16	17	18 Hot Turkey Sandwich Mashed Potatoes Green Beans Tossed Salad Cranberry Salad Dessert	19
22 Meatloaf & Gravy Mashed Potatoes Green Beans Tossed Salad Apple Celery Salad WW Bread or Roll Dessert	23	24 	25 Beef Stroganoff Key West Veggies Tossed Green Salad Apricots French Bread Dessert	26

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LEAVENWORTH

PLEASE CALL 509-548-6666 TO RESERVE MEALS

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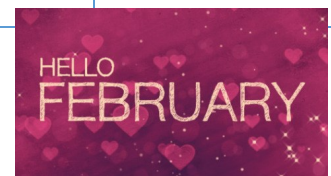


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BBQ Chicken Mac & Cheese Broccoli Normandy Spiced Salad Apple Crisp	2	3 Stuffed Pepper Soup Cottage Cheese Mixed Greens Salad Fruit Cocktail Cornbread Dessert	4	5 Fish & Chips Cabbage Apple Slaw Tropical Fruit Cereal Bars
8 Honey Dijon Chicken Garden Rice Cauliflower & Chives Mixed Greens Salad Citrus Salad WW Bread or Roll Dessert	9	10 Chicken Salad on a Croissant Vegetable Soup Grapes Dessert	11	12 White Bean Chicken Chili Corn Chips Spinach Salad Peaches WW Roll Dessert
15 CLOSED 	16	17 Cabbage Roll Casserole Green Salad Strawberries & Bananas WW Roll Dessert	18	19 Beef Stew Spinach Salad Banana Biscuit Cereal Bars
22 Meatloaf & Gravy Mashed Potatoes Green Beans Tossed Salad Apple Celery Salad WW Bread or Roll Dessert	23	24 Ham Steak Scalloped Potatoes Spinach Salad Pineapple WW Bread or roll Tapioca Pudding	25	26 Chicken Burger Deluxe Sweet Potato Fries Coleslaw Waldorf Salad Dessert

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ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS



24 HOURS IN ADVANCE

TUESDAY

WEDNESDAY

THURSDAY

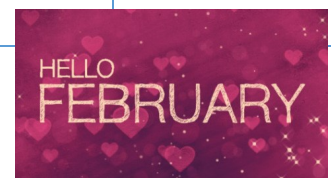
FRIDAY

1 Spaghetti & Meat Sauce Caesar Salad Spiced Pears Garlic Bread Dessert	2	3 Ham & Scalloped Potato Casserole Cucumber Salad Buttered Beets WW Roll Cherry Bars	4 Country Fried Steak Mashed Potatoes Mixed Vegetables Carrot Raisin Salad Apricots WW Roll Dessert	5
8 Beef Pot Roast Roasted Potatoes & Carrots Green Salad WW Roll Peach Crisp	9	10 BBQ Country Ribs Steak Fries Carrot Raisin Salad WW Roll Berries over Ice Cream	11 Chicken & Dumplings Spring Salad Fruit Salad Dessert	12  Established 1975
15 CLOSED 	16	17 Cabbage Roll Casserole Glazed Carrots Waldorf Salad WW Roll Dessert	18 Honey Dijon Chicken Garden Rice Cauliflower & Chives Mixed Greens Salad Citrus Salad WW Roll Dessert	19
22 Minestrone Soup 1/2 Turkey Sandwich Caesar Salad Peaches Whole Grain Crackers Dessert	23	24 Beef Tacos Spanish Rice Fiesta Salad Mandarin Oranges Dessert	25 Chicken Burger Deluxe Sweet Potato Fries Coleslaw Spiced Pears Dessert	26

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OKANOGAN / OMAK

PLEASE CALL 422-6776 OR 826-4741

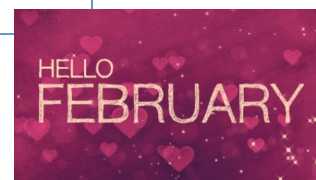
TO RESERVE MEALS 24 HOURS IN ADVANCE

Okanogan	Omak	Okanogan	Closed	Omak
1 Teriyaki Beef over Rice Asian Vegetables Spinach Salad Mandarin Oranges Garlic Bread Dessert	2 Chicken Spaghetti Casserole Greek Salad Fruit Salad Focaccia Bread Dessert	3 Pork Chops & Gravy Mashed Potatoes Peas & Carrots Green Salad Waldorf Salad WW Roll Dessert	4	5 Beef Stew Spinach Salad Strawberries & Bananas Biscuit Cereal Bars
8 Chicken Stir Fry Garden Rice Coleslaw Mandarin Oranges Egg Roll Fortune Cookies	9 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad WW Roll Dessert	10 Supreme Style Pizza Caesar Salad Fruit Salad Bread Stick Dessert	11	12 Clam Chowder Three Bean Salad Waldorf Salad Cheesy Garlic Bread Oatmeal Cookies
15 	16 Hot Turkey Sandwich Mashed Potatoes / Gravy Green Beans Tossed Salad Cranberry Salad Dessert	17 Hamburger Steak with Grilled Onions Twice Bake Style Potato 4 Way Veggie Blend Garden Salad WW Roll Berry Crisp	18	19 Chicken Burger Deluxe Sweet Potato Fries Coleslaw Waldorf Salad Dessert
22 Ham & Navy Bean Soup 1/2 Turkey Sandwich Crunchy Pea Salad Peaches Cereal Bars	23 Spaghetti & Meat Sauce Caesar Salad Spiced Pears Garlic Bread Dessert	24 Chicken Fajitas Southwest Salad Tropical Fruit Dessert	25 	26 Fish & Chips Cabbage Apple Slaw Fruit Cocktail Cereal Bars

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OROVILLE / TONASKET

PLEASE CALL 476-2412 OR 486-2483


TO RESERVE MEALS 24 HOURS IN ADVANCE

OROVILLE

TONASKET

OROVILLE

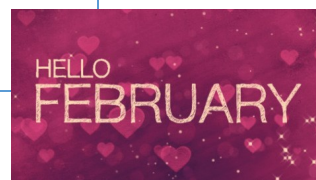
TONASKET

1	2 White Bean Chicken Chili Corn Chips Spinach Salad Fruit Cocktail Cornbread Dessert	3 Hamburger Steak with Grilled Onions Potatoes & Gravy Vegetable Blend Caesar Salad WW Roll Berry Cobbler	4 Ham Steak Cheesy Potatoes Peas & Carrots Tossed Salad WW Roll Pineapple Upside Down Cake	5 Chicken Burger Deluxe Sweet Potato Fries Frito Salad Grapes Dessert
8	9 Swedish Meatballs Egg Noodles Glazed Carrots Greek Salad Peaches WW Roll Dessert	10 Fish & Chips Cabbage Apple Slaw Fruit Cocktail Cheesy Garlic Toast Dessert	11 Chicken Fajitas Spanish Rice Southwest Salad Tropical Fruit Dessert	12 Roast Beef Mashed Potatoes Caribbean Veggies Spinach Salad WW Roll Apple Crisp
15 CLOSED 	16 Hot Turkey Sandwich Mashed Potatoes Green Beans Tossed Veggie Salad Cranberries Dessert	17 Supreme Style Pizza Greek Salad Fruit Salad Cereal Bar	18 Cheese Ravioli in Meat Sauce Venetian Blend Veggies Caesar Salad Bread Stick Dessert	19 Chicken & Dumplings Spring Salad Fresh Fruit Dessert
22	23 Meatloaf Mashed Potatoes Green Beans Tossed Salad Pears WW Roll Dessert	24 Pork Stir Fry Chow Mein Noodles Asian Slaw Mandarin Oranges Egg Roll Fortune Cookie	25 Beef Taco Pie Baja Veggies Fiesta Salad Waldorf Salad Dessert	26 Hot Turkey Sandwich Mashed Potatoes Green Beans Garden Salad Cranberries Dessert

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TWISP

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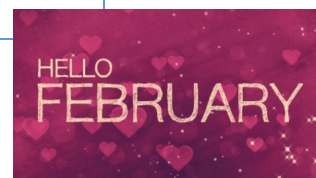
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BBQ Chicken Au Gratin Potatoes Chuck Wagon Corn Spiced Salad Biscuit Apple Crisp	2	3	4 Chicken Spaghetti Casserole Greek Salad Fruit Salad Garlic Bread Dessert	5 Beef Fajitas Southwest Salad Tropical Fruit Dessert
8 Hot Turkey Sandwich Mashed Potatoes Peas & Carrots Garden Salad Cranberry Salad Dessert	9 	10	11 Beef Stroganoff Green Beans Tossed Green Salad Apricots French Bread Dessert	12 Navy Bean & Ham Soup 1/2 Turkey Sandwich Crunchy Pea Salad Peaches Cereal Bars
15 CLOSED 	16	17	18 Chicken Salad on Croissant Vegetable Soup Grapes Dessert	19 Beef Stew Spinach Salad Banana Biscuit Cereal Bars
22 Chicken Parmesan Pasta in Marinara Sauce Steamed Broccoli Caesar Salad Focaccia Bread Fruit Crisp	23	24	25 Pepper Steak Rice Garden Salad Cinnamon Pears WW Roll Dessert	26 Beef Taco Pie Cottage Cheese Baja Veggie Blend Pico de Gallo Spiced Applesauce Dessert

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WILBUR

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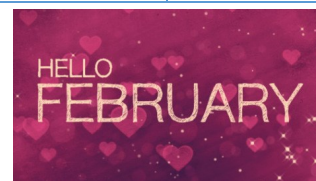
24 HOURS IN ADVANCE

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 BBQ Chicken Mac & Cheese Broccoli Normandy Spiced Salad Apple Crisp	3 Fish & Chips Cabbage Apple Slaw Fruit Cocktail Cereal Bars	4 Hamburger Steak with Grilled Onions Twice Bake Potatoes 4 Way Veggie Blend Garden Veggie Salad WW Roll Berry Crisp	5
8	9 Bacon & Egg Salad Sandwich Homemade Vegetable Soup Carrot Raisin Salad Dessert	10 Cabbage Roll Casserole Green Salad Strawberries & Bananas WW Roll Dessert	11 Ham Steak Scalloped Potatoes Spinach Salad Citrus Salad WW Bread or Roll Tapioca Pudding	12
15 CLOSED 	16 Country Fried Steak Mashed Potatoes & Gravy Buttered Corn Garden Salad Chilled Pears WW Bread or Roll Dessert	17 Supreme Style Pizza Greek Salad Fruit Salad Bread Stick Dessert	18 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	19
22	23 Chicken Stir Fry Garden Rice Coleslaw Mandarin Oranges Egg Roll Fortune Cookies	24 Beef Stew Spinach Salad Banana Biscuit Cereal Bars	25 Lentil Veggie Soup Cottage Cheese 7 layer Salad Citrus Salad Cornbread Dessert	26
				

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