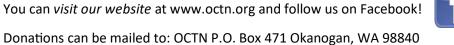


CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Dessert	3 Pizza Supreme Spinach Salad Waldorf Salad Dessert	4 Hamburger Steak with Grilled Onions Potatoes & Gravy Green Beans Garden Salad Berry Crisp	5 Brats & Sauerkraut Roasted Potatoes Capri Vegetables Fresh Fruit WW Roll Dessert	6 Veggie Lasagna Caesar Salad Apricots Focaccia Bread Dessert
9 Chicken Tetrazzini Italian Vegetables Caesar Salad Grapes Dessert	10 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert	11 Salmon in Dill Sauce Basil & Garlic Pasta Venetian Blend Veggies Spinach Salad Citrus Salad Dessert	12 Beef Taco Pie Southwest Salad Pears WW Roll Dessert	13 Hawaiian Chicken Wild Rice Blend Asian Vegetables Coleslaw Tropical Fruit WW Roll Dessert
16 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Pineapple & Cherries Dessert	17 Chicken Stir Fry Asian Slaw Mandarin Oranges Egg Roll Dessert	18 Ham Au Gratin Potatoes Peas & Carrots Applesauce WW Roll Rice Krispy Treats	19 Biscuits and Sausage Gravy Potatoes O'Brien V-8 Juice Chilled Pears Dessert	20 Beef Taco's Spanish Rice Coleslaw Fruit Cup Dessert
23 Country Fried Steak Potatoes & Gravy Green Beans WW Roll Cherry Crisp	24 Orange Glazed Chicken Rice Asian Vegetables Coleslaw Chilled Pineapple Egg Roll Dessert	25 Bacon & Egg Salad Sandwich on Croissant Spinach Salad Citrus Salad Dessert	26 Kielbasa with Peppers & Onions Roasted Potatoes Cucumber Salad Apple Slices Cornbread Cereal Bar	27 BBQ Chicken Macaroni Salad Herbed Cauliflower Spring Salad Strawberry Shortcake
30 CLOSED MEMORIAL DAY	31 Chicken Burger Deluxe with Bacon & Swiss Cheese Jo Jo's Coleslaw Mixed Berries Dessert	OCTN MISSION NUTRITION! Established 1975	Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00	

For information about Home Delivered Meals call 509-470-0522.





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ENTIAT

PLEASE CALL 509-888-4440 TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Dessert	3	4	5 Brats & Sauerkraut Roasted Potatoes Capri Vegetables Fresh Fruit WW Roll Dessert	6
9 Chicken Tetrazzini Italian Vegetables Caesar Salad Grapes Dessert	10	11	12 Beef Taco Pie Southwest Salad Pears WW Roll Dessert	13
16 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Pineapple & Cherries Dessert	17	18	19 Biscuits and Sausage Gravy Potatoes O'Brien V-8 Juice Chilled Pears Dessert	20
23 Country Fried Steak Potatoes & Gravy Green Beans WW Roll Cherry Crisp	24	25	26 Kielbasa with Peppers & Onions Roasted Potatoes Cucumber Salad Apple Slices Cornbread Cereal Bar	27
30 CLOSED MEMORIAL DAY	31	OCTN MISSION NUTRITION! Established 1975	Suggested donation for s FEE for persons under ag	eniors over age 60 is \$4.00 e 60 is \$10.00

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Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840



LEAVENWORTH/CASHMERE HOME DELIVERED

PLEASE CALL 509-888-4440 TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Dessert	3	4 Hamburger Steak with Grilled Onions Potatoes & Gravy Green Beans Garden Salad Berry Crisp	5	6 Veggie Lasagna Caesar Salad Apricots Focaccia Bread Dessert
9 Chicken Tetrazzini Italian Vegetables Caesar Salad Grapes Dessert	10	11 Salmon in Dill Sauce Basil & Garlic Pasta Venetian Blend Veggies Spinach Salad Citrus Salad Dessert	12	13 Hawaiian Chicken Wild Rice Blend Asian Vegetables Coleslaw Tropical Fruit WW Roll Dessert
16 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Pineapple & Cherries Dessert	17	18 Ham Au Gratin Potatoes Peas & Carrots Applesauce WW Roll Rice Krispy Treats	19	20 Beef Taco's Spanish Rice Coleslaw Fruit Cup Dessert
23 Country Fried Steak Potatoes & Gravy Green Beans WW Roll Cherry Crisp	24	25 Bacon & Egg Salad Sandwich on Croissant Spinach Salad Citrus Salad Dessert	26	27 BBQ Chicken Macaroni Salad Herbed Cauliflower Spring Salad Strawberry Shortcake
30 CLOSED MEMORIAL DAY	31	OCTN MISSION NUTRITION! Established 1975	Suggested donation for s FEE for persons under ag	eniors over age 60 is \$4.00 e 60 is \$10.00

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