



CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Dessert</p>	<p>3</p> <p>Pizza Supreme Spinach Salad Waldorf Salad Dessert</p>	<p>4</p> <p>Hamburger Steak with Grilled Onions Potatoes & Gravy Green Beans Garden Salad Berry Crisp</p>	<p>5</p> <p>Brats & Sauerkraut Roasted Potatoes Capri Vegetables Fresh Fruit WW Roll Dessert</p>	<p>6</p> <p>Veggie Lasagna Caesar Salad Apricots Focaccia Bread Dessert</p>
<p>9</p> <p>Chicken Tetrzzini Italian Vegetables Caesar Salad Grapes Dessert</p>	<p>10</p> <p>Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert</p>	<p>11</p> <p>Salmon in Dill Sauce Basil & Garlic Pasta Venetian Blend Veggies Spinach Salad Citrus Salad Dessert</p>	<p>12</p> <p>Beef Taco Pie Southwest Salad Pears WW Roll Dessert</p>	<p>13</p> <p>Hawaiian Chicken Wild Rice Blend Asian Vegetables Coleslaw Tropical Fruit WW Roll Dessert</p>
<p>16</p> <p>Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Pineapple & Cherries Dessert</p>	<p>17</p> <p>Chicken Stir Fry Asian Slaw Mandarin Oranges Egg Roll Dessert</p>	<p>18</p> <p>Ham Au Gratin Potatoes Peas & Carrots Applesauce WW Roll Rice Krispy Treats</p>	<p>19</p> <p>Biscuits and Sausage Gravy Potatoes O'Brien V-8 Juice Chilled Pears Dessert</p>	<p>20</p> <p>Beef Taco's Spanish Rice Coleslaw Fruit Cup Dessert</p>
<p>23</p> <p>Country Fried Steak Potatoes & Gravy Green Beans WW Roll Cherry Crisp</p>	<p>24</p> <p>Orange Glazed Chicken Rice Asian Vegetables Coleslaw Chilled Pineapple Egg Roll Dessert</p>	<p>25</p> <p>Bacon & Egg Salad Sand- wich on Croissant Spinach Salad Citrus Salad Dessert</p>	<p>26</p> <p>Kielbasa with Peppers & Onions Roasted Potatoes Cucumber Salad Apple Slices Cornbread Cereal Bar</p>	<p>27</p> <p>BBQ Chicken Macaroni Salad Herbed Cauliflower Spring Salad Strawberry Shortcake</p>
<p>30 CLOSED</p> 	<p>31</p> <p>Chicken Burger Deluxe with Bacon & Swiss Cheese Jo Jo's Coleslaw Mixed Berries Dessert</p>		<div> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>	

For information about Home Delivered Meals call 509-470-0522.

You can visit our website at www.octn.org and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





ENTIAT

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24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Dessert	3	4	5 Brats & Sauerkraut Roasted Potatoes Capri Vegetables Fresh Fruit WW Roll Dessert	6
9 Chicken Tetrassini Italian Vegetables Caesar Salad Grapes Dessert	10	11	12 Beef Taco Pie Southwest Salad Pears WW Roll Dessert	13
16 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Pineapple & Cherries Dessert	17	18	19 Biscuits and Sausage Gravy Potatoes O'Brien V-8 Juice Chilled Pears Dessert	20
23 Country Fried Steak Potatoes & Gravy Green Beans WW Roll Cherry Crisp	24	25	26 Kielbasa with Peppers & Onions Roasted Potatoes Cucumber Salad Apple Slices Cornbread Cereal Bar	27
30 CLOSED 	31		<div> Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00 </div>	

For information about Home Delivered Meals call 844-826-7979.

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LEAVENWORTH/CASHMERE HOME DELIVERED

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24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Dessert	3	4 Hamburger Steak with Grilled Onions Potatoes & Gravy Green Beans Garden Salad Berry Crisp	5	6 Veggie Lasagna Caesar Salad Apricots Focaccia Bread Dessert
9 Chicken Tetrassini Italian Vegetables Caesar Salad Grapes Dessert	10	11 Salmon in Dill Sauce Basil & Garlic Pasta Venetian Blend Veggies Spinach Salad Citrus Salad Dessert	12	13 Hawaiian Chicken Wild Rice Blend Asian Vegetables Coleslaw Tropical Fruit WW Roll Dessert
16 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Pineapple & Cherries Dessert	17	18 Ham Au Gratin Potatoes Peas & Carrots Applesauce WW Roll Rice Krispy Treats	19	20 Beef Taco's Spanish Rice Coleslaw Fruit Cup Dessert
23 Country Fried Steak Potatoes & Gravy Green Beans WW Roll Cherry Crisp	24	25 Bacon & Egg Salad Sand- wich on Croissant Spinach Salad Citrus Salad Dessert	26	27 BBQ Chicken Macaroni Salad Herbed Cauliflower Spring Salad Strawberry Shortcake
30 CLOSED 	31		<div> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>	

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