

Senior Meals
Brewster-Bridgeport-Pateros
May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cabbage Patch Stew Pasta Salad Greek Salad Chilled Peaches WW Roll Dessert	2 Chicken Salad on a Croissant Tossed Green Salad Pea Salad Grapes Dessert	3
6	7 Beef Taco's Spanish Rice Mexican Style Slaw Fruit Cup Dessert	8 Biscuits & Sausage Gravy O'Brien Potatoes V-8 Juice Orange Quarters Sherbet	9 CLOSED FOR STAFF TRAINING 	10
13 	14 BBQ Chicken Macaroni Salad Crunchy Pea Salad Spring Salad Strawberry Shortcake	15 Roast Beef Sandwich Vegetable Soup Carrot Raisin Salad Fruit Cocktail Dessert	16 Italian Rice & Beef Caesar Salad Cinnamon Pears Garlic Bread Dessert	17 
20	21 Chicken Cordon Bleu Rice Pilaf Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	22 Bratwurst & Sauerkraut Herbed Potato Bake Capri Vegetables Waldorf Salad WW Bun Dessert	23 Meatloaf Stuffing & Gravy Broccoli Cuts Garden Salad WW Bread or Roll Fruited Jell-O	24
27 	28 Swiss Steak Shell Pasta California Vegetables Spiced Salad Banana French Bread Dessert	29 Chicken Stir Fry Rice Spinach Salad Grapes Garlic Bread Dessert	30 Ham & Scalloped Potato Casserole Glazed Carrots Garden Salad Waldorf Salad WW Roll Dessert	31 

Seniors Age 60 & over—suggested donation $4.00

Under age 60—$8.50 FEE

Please call the Site Director for more information about the Home Delivered Meal program at 689-2815



Omak-Okanogan Senior Meals May 2019

Volunteers
The HEART Of The COMMUNITY

Okanogan | Omak | Okanogan | Okanogan—9am | Omak

Monday	Tuesday	Wednesday	Thursday	Friday
Seniors Age 60 & over suggested donation $4.00 Under age 60—$8.50 FEE For Home Delivered Meals please call 509-826-7979		1 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Cherries & Pineapple WW Bread or Roll Dessert	2 Ham & Cheese Quiche Juice Sliced Tomatoes Fresh Fruit Blueberry Muffin	3 BBQ Chicken Macaroni Salad Crunchy Pea Salad Spring Salad Strawberry Shortcake
6 Sloppy Joe Sandwich Baja Vegetables Coleslaw Peaches Dessert	7 Pork Roast Herbed Potato Bake Carrots Spinach Salad Applesauce WW Bread or Roll Dessert	8 Beef Stir Fry Steamed Rice Greek Salad Grapes Garlic Bread Dessert	9 Scrambled Eggs Biscuits & Gravy Juice Orange Quarters Fresh Fruit	10 Baked Fish Amandine Basil & Garlic Pasta Asparagus Coleslaw WW Roll Peach Cobbler
13 Shepherd's Pie Cottage Cheese Caesar Salad Mandarin Oranges WW Roll Dessert	14 Cabbage Patch Stew Pasta Salad Greek Salad Pears WW Roll Dessert	15 Hawaiian Chicken Wild Rice Blend Mixed Vegetables Asian Style Slaw Tropical Fruit WW Roll Dessert	16 Scrambled Eggs Sausage Links Blueberry Pancakes Juice Chilled Peaches Fresh Fruit	17 Roast Beef Sandwich with Lettuce & Tomato Vegetable Soup Carrot Raisin Salad Fruit cocktail Dessert
20 Orange Glazed Chicken Garden Rice Oriental Vegetables Asian Style Slaw Chilled Pineapple Muffin Dessert	21 Swiss Steak with Tomato Sauce Shell Pasta California Blend Veggies Spiced Salad Banana French Bread Dessert	22 Ham Au Gratin Potatoes Peas & Carrots Green Salad Spiced Apples WW Bread or Roll Dessert	23 Scrambled Eggs Bacon Juice Sliced Tomatoes Fresh Fruit Cinnamon Roll	24 Chicken Burger Deluxe Sweet Potato Fries Chilled Pears Dessert
27	28 Chicken Salad Croissant Cottage Cheese Tossed Green Salad Broccoli Salad Grapes Dessert	29 Country Fried Steak Potatoes & Gravy Green Beans Garden Salad Apricots Bran Muffin Dessert	30 Ham Slice Scrambled Eggs Oven Brown Potatoes Juice Fresh Fruit Blueberry Buckle	31 Bratwurst & Sauerkraut Herbed Potato Bake Capri Vegetables Waldorf Salad WW bun or Roll Dessert











Oroville Senior Meals May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
Seniors Age 60 & over—suggested donation $4.00 **Under age 60—$8.50 FEE** Please call the Site Director for more information about the Home Delivered Meal program at 476-2412		1	2 Pork Roast Stuffing & Gravy Carrots Spinach Salad Applesauce WW Bread or Roll Dessert	3 Baked Fish Amandine Basil & Garlic Pasta Asparagus Coleslaw WW Roll Peach Cobbler
6	7 Ham & Cheese Quiche Garden Salad Crunchy Pea Salad Fresh Fruit Tray Blueberry Muffin	8 	9 CLOSED FOR STAFF TRAINING 	10 Tuna Salad on Croissant Cottage Cheese Tossed Green Salad Broccoli Salad Grapes Dessert
13 	14 Shepherd's Pie Cottage Cheese Caesar Salad Mandarin Oranges WW Roll Dessert	15	16 Beef Taco's Spanish Rice Mexican Style Slaw Fruit Cup Dessert	17 Bacon & Egg Salad Sandwich on Croissant Tomato Slices Spinach Salad Citrus Salad Dessert 
20	21 Brats & Sauerkraut On a Bun Herbed Potato Bake Capri Vegetables Waldorf Salad Dessert	22 	23 Ham Wild Rice Peas & Carrots Green Salad Spiced Applesauce WW Bread or Roll Dessert	24 Roast Beef Sandwich with Lettuce & Tomato Vegetable Soup Carrot Raisin Salad Fruit Cocktail Dessert
27 	28 BBQ Chicken Macaroni Salad Crunchy Pea Salad Spring Salad Strawberry Shortcake	29 	30 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Cherries & Pineapple WW Bread or Roll Dessert	31 Cabbage Patch Stew Pasta Salad Greek Salad Pears WW Roll Dessert

Twisp Senior Meals May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 Sloppy Joe's Baja Vegetables Coleslaw Apricots Dessert	3 Chicken or Tuna Salad Sandwich on Croissant Tossed Green Salad Broccoli Salad Grapes Dessert
6 Spaghetti & Meat Sauce Caesar Salad Sliced Pears Garlic Bread Dessert	7 	8	9 CLOSED FOR STAFF TRAINING	10 Baked Fish Amandine Basil & Garlic Pasta Asparagus Coleslaw WW Roll Apple Crisp
13 Hot Turkey Sandwich Potatoes & Gravy Green Beans Mixed Greens Salad Tropical Fruit Salad WW Roll Pineapple Upside Down Cake	14	15	16 Beef & Tomato Pasta Casserole Spinach Salad Chilled Peaches WW Roll Dessert	17 Chicken Cordon Bleu Parsley Potatoes Peas Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert
20 Chicken Fettuccine Italian Vegetables Caesar Salad Bread Sticks Berry Cobbler	21 	22	23 Meatloaf Potatoes & Gravy Broccoli Cuts Garden Salad WW Bread or roll Fruited Jell-O	24 Orange Glazed Chicken Garden Rice Oriental Vegetables Asian Style Slaw Chilled Pineapple Muffin Dessert
27 	28	29 **Seniors Age 60 & over—suggested donation $4.00** **Under age 60—$8.50 FEE** Please call the Site Director for more information about the Home Delivered Meal program at 997-7722	30 Chicken Burger Deluxe Sweet Potato Fries Chilled Pears Dessert 	31 Chile & Cheese over Baked Potato Beets Green Salad Strawberry Shortcake



Tonasket Senior Meals May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
Seniors Age 60 & over— suggested donation $4.00 Under age 60—$8.50 FEE Please call the Site Director for more information about the Home Delivered Meal program at 486-2483		1 Meatloaf & Gravy Mashed Potatoes Broccoli Cuts Cuke & Tomato Salad Cheesy Biscuit Fruited Jell-O	2 Chicken Cordon Bleu Roasted Potatoes Normandy Vegetables Tossed Green Salad Fruit Cocktail Bread Sticks Dessert	3
6 Turkey and Spinach Wrap Sandwich Three Bean Salad Waldorf Salad Corn Chips Dessert	7	8 Chicken Stir Fry Noodles Asian Slaw Grapes Garlic Bread Dessert	9 CLOSED FOR STAFF TRAINING 	10
13 Ham & Cheesy Potatoes Glazed Carrots Garden Salad Pears WW Roll Dessert	14 	15 Lasagna Soup Caesar Salad Apricots Garlic Bread Dessert	16 Glazed Meatballs Steamed Rice Broccoli Asian Style Slaw Cherries & Pineapple WW Bread or Roll Dessert	17 
20 Chili and Cheese over 1/2 Baked Potato Green Salad Cornbread Strawberry Shortcake	21	22 Chicken Salad Croissant Cottage Cheese Pickled Beets Broccoli Salad Fruit Cocktail Dessert	23 Pork Roast Mashed Potatoes Normandy Veggies Greek Salad WW Bread or Roll Fruit Crisp	24
27 	28	29 Shepherd's Pie Cottage Cheese Caesar Salad Mandarin Oranges WW Roll Dessert	30 Ham & Cheese Quiche Asparagus Garden Salad Fresh Fruit Tray Blueberry Muffin	31 

Revised 03/25/19



Davenport Senior Meals May 2019

Volunteers
The HEART Of The COMMUNITY

Monday	Tuesday	Wednes-	Thursday	Friday
		1	2 Chicken Burger Deluxe Sweet Potato Fries Chilled Pears Dessert	3 Beef Taco's Spanish Rice Mexican Style Slaw Fruit Cup Dessert
6 	7 Cabbage Patch Stew Pasta Salad Greek Salad Pears WW Roll Dessert	8	9 CLOSED FOR STAFF TRAINING 	10 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert
13	14 Chicken Cordon Bleu Parsley Potatoes Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	15 	16 Ham Au Gratin Potatoes Peas & Carrots Green Salad Spiced Apples WW Bread or Roll Custard	17 Beef & Tomato Pasta Casserole Spinach Salad Chilled Peaches WW Roll Dessert
20	21 Hamburger Steak with Grilled Onions Mashed Potatoes Trio Vegetables Garden Salad WW Bread or Roll Berry Crisp	22	23 Bacon & Egg Salad on Croissant Tomato Slices Spinach Salad Citrus Salad Dessert	24 BBQ Chicken Macaroni Salad Crunchy Pea Salad Spring Salad Strawberry Shortcake
27 	28 Hot Turkey Sandwich Potatoes & Gravy Green Beans Mixed Greens Salad Chilled Peaches WW Bread or Roll Dessert	29	30 Swiss Steak Shell Pasta California Blend Veggies Spiced Salad Banana French Bread Dessert	31 Sloppy Joe Sandwich Baja Vegetables Coleslaw Pears Dessert

Seniors Age 60 & over—suggested donation $4.00
Under age 60—$8.50 FEE

Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979





Harrington Senior Meals May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 Chicken Burger Deluxe Sweet Potato Fries Chilled Pears Dessert	3 Beef Taco's Spanish Rice Mexican Style Slaw Fruit Cup Dessert
6	7 Cabbage Patch Stew Pasta Salad Greek Salad Pears WW Roll Dessert	8 	9 CLOSED FOR STAFF TRAINING 	10 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert
13	14 Chicken Cordon Bleu Parsley Potatoes Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	15	16 Ham Au Gratin Potatoes Peas & Carrots Green Salad Spiced Apples WW Bread or Roll Custard	17 Beef & Tomato Pasta Casserole Spinach Salad Chilled Peaches WW Roll Dessert
20	21 Hamburger Steak with Grilled Onions Mashed Potatoes Trio Vegetables Garden Salad WW Bread or Roll Berry Crisp	22 	23 Bacon & Egg Salad on Croissant Tomato Slices Spinach Salad Citrus Salad Dessert	24 BBQ Chicken Macaroni Salad Crunchy Pea Salad Spring Salad Strawberry Shortcake
27 	28 Hot Turkey Sandwich Potatoes & Gravy Green Beans Mixed Greens Salad Chilled Peaches WW Bread or Roll Dessert	29	30 Swiss Steak Shell Pasta California Blend Veg-gies Spiced Salad Banana French Bread Dessert	31 Sloppy Joe Sandwich Baja Vegetables Coleslaw Pears Dessert

Seniors Age 60 & over—suggested donation $4.00

Under age 60—$8.50 FEE

Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979



Odessa Senior Meals May 2019

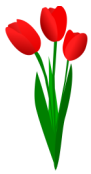


Monday	Tuesday	Wednesday	Thursday	Friday
Seniors Age 60 & over—suggested donation $4.00 **Under age 60—$8.50 FEE** Please call the Nutrition Director for more information about the Home Delivered Meal program toll -free 844-826-7979		1 BBQ Chicken Macaroni Salad Crunchy Pea Salad Spring Salad Strawberry Shortcake	2 Swiss Steak with Tomato Sauce Shell Pasta Spiced Salad Banana French bread Dessert	3
6 Chicken Cordon Bleu Parsley Potatoes Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	7 	8 Sloppy Joe Sandwich Baja Vegetables Coleslaw Peaches Dessert	9 CLOSED FOR STAFF TRAINING 	10
13 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	14	15 Hawaiian Chicken Wild Rice Blend Mixed Vegetables Asian Style Slaw Tropical Fruit Salad WW roll Dessert	16 Beef Stir Fry with Sugar Snap Peas Steamed Rice Greek Salad Grapes Garlic Bread Dessert	17 
20 Chili with Cheese 1/2 Baked Potato Beets Green Salad Strawberry Shortcake	21 	22 Orange Glazed Chicken Garden Rice Oriental Vegetables Asian Style Slaw Chilled Pineapple Muffin Fortune Cookies	23 Meat & Spinach Wrap Corn Chips Garden Salad Waldorf Salad Dessert	24
27 	28	29 Meatloaf Potatoes & Gravy Broccoli Cuts Garden Salad WW Bread or Roll Fruited Jell-O	30 Chicken Burger Deluxe Sweet Potato Fries Chilled Pears Dessert	31 



Wilbur Senior Meals
May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cabbage Patch Stew Pasta Salad Greek Salad Chilled Peaches WW Roll Dessert	2 Chicken Salad on a Croissant Tossed Green Salad Pea Salad Grapes Dessert	3
6	7 Beef Taco's Spanish Rice Mexican Style Slaw Fruit Cup Dessert	8 Biscuits & Sausage Gravy O'Brien Potatoes V-8 Juice Orange Quarters Sherbet	9 CLOSED FOR STAFF TRAINING 	10 
13 	14 BBQ Chicken Macaroni Salad Crunchy Pea Salad Spring Salad Strawberry Shortcake	15 Roast Beef Sandwich Vegetable Soup Carrot Raisin Salad Fruit Cocktail Dessert	16 Italian Rice & Beef Caesar Salad Cinnamon Pears Garlic Bread Dessert	17
20	21 Chicken Cordon Bleu Rice Pilaf Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	22 Bratwurst & Sauerkraut Herbed Potato Bake Capri Vegetables Waldorf Salad WW Bun Dessert	23 Meatloaf Stuffing & Gravy Broccoli Cuts Garden Salad WW Bread or Roll Fruited Jell-O	24 
27 	28 Swiss Steak Shell Pasta California Vegetables Spiced Salad Banana French Bread Dessert	29 Chicken Stir Fry Rice Spinach Salad Grapes Garlic Bread Dessert	30 Ham & Scalloped Potato Casserole Glazed Carrots Garden Salad Waldorf Salad WW Roll Dessert	31



Seniors Age 60 & over—suggested donation $4.00
Under age 60—$8.50 FEE

Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979

volunteer
do good, feel good



Chelan Senior Meals
May 2019

PLEASE CALL 24 HOURS IN ADVANCE TO RESERVE OR CANCEL

Monday	Tuesday	Wednesday	Thursday	Friday/Manson
		1 Baked Fish Amandine Garden Rice Asparagus Coleslaw WW Roll Peach Cobbler	2 Swiss Steak Shell Pasta California Blend Veggies Spiced Salad French Bread Dessert	3 Roast Beef Sandwich Vegetable Soup Carrot/Raisin Salad Fruit Cocktail Dessert 
6 Chicken Cordon Bleu Parsley Potatoes Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	7 Sloppy Joe Sandwich Baja Vegetables Coleslaw Peaches Dessert 	8 Country Fried Steak Potatoes & Gravy Green Beans Garden Salad Apricots Bran Muffin Dessert	9 CLOSED FOR STAFF TRAINING 	10 Hawaiian Chicken Wild Rice Blend Mixed Vegetables Asian Style Slaw Tropical Fruit WW Roll Dessert
13 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert	14 Italian Rice & Beef Greek Salad Cinnamon Pears WW Roll Dessert	15 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Cherries & Pineapple WW Bread or roll Dessert	16 Beef Taco's Spanish Rice Mexican Style Slaw Fruit Cup Dessert	17 Shepherd's Pie Cottage Cheese Caesar Salad Mandarin Oranges WW Roll Dessert
20 Bratwurst & Sauerkraut Herbed Potato Bake Capri Vegetables Waldorf Salad WW Bun or Roll Dessert	21 Beef & Tomato Pasta Casserole Spinach Salad Chilled Peaches WW Roll Dessert	22 Ham Au Gratin Potatoes Peas & Carrots Green Salad Spiced Apples Bread Pudding	23 Chicken Burger Deluxe Sweet Potato Fries Chilled Pears Dessert	24 Hot Turkey Sandwich Potatoes & Gravy Green Beans Mixed Greens Salad Chilled Peaches WW Bread or Roll Dessert
27 	28 BBQ Chicken Macaroni Salad Crunchy Pea Salad Spring Salad Strawberry Shortcake	29 Hamburger Steak with Grilled Onions & Gravy Mashed Potatoes Trio Vegetables Garden Salad WW Bread or Roll Fruited Jell-O	30 Biscuits & Sausage Gravy O'Brien Potatoes V-8 Juice Orange Quarters Dessert	31 Meatloaf Potatoes & Gravy Broccoli Cuts Garden Salad WW Bread or Roll Fruited Jell-O

Seniors Age 60 & over—suggested donation $4.00
Under age 60—$8.50 FEE

Please call 509-888-4440 for more information about the Home Delivered Meal program.

It is very costly to the senior meal program when you do not cancel your reservations.
If you know you can't make it—Please call and cancel!
Chelan 888-4440
Manson 687-3377

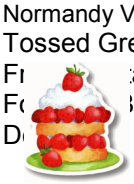


Entiat Senior Meals
May 2019



PLEASE CALL 24 HOURS IN ADVANCE TO RESERVE OR CANCEL

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 Swiss Steak Shell Pasta California Blend Veggies Spiced Salad French Bread Dessert	3
6 Chicken Cordon Bleu Parsley Potatoes Normandy Vegetables Tossed Green Salad Fr ail Fo read D	7	8	9 CLOSED FOR STAFF TRAINING	10
13 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert	14	15	16 Beef Taco's Spanish Rice Mexican Style Slaw Fruit Cup Dessert	17
20 Bratwurst & Sauerkraut Herbed Potato Bake Capri Vegetables Waldorf Salad WW Bun or Roll Dessert	21	22	23 Chicken Burger Deluxe Sweet Potato Fries Chilled Pears Dessert	24
27	28	29	30 Biscuits & Gravy O'Brien Potatoes V-8 Juice Orange Quarters Dessert	31







Seniors Age 60 & over—suggested donation $4.00

Under age 60—$8.50 FEE

Please call 509-888-4440 for more information about the Home Delivered Meal program.



It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it—Please call and cancel!
For Chelan 888-4440 between 8am & 2 pm
For Entiat 509-421-1593

Manson Senior Meals
May 2019

PLEASE CALL 24 HOURS IN ADVANCE TO RESERVE OR CANCEL

Monday	Tuesday	Wednesday	Thursday	Friday **
		1 Baked Fish Amandine Garden Rice Asparagus Coleslaw WW Roll Peach Cobbler	2 Swiss Steak Shell Pasta California Blend Veg-gies Spiced Salad French Bread Dessert	3 Roast Beef Sandwich Vegetable Soup Carrot/Raisin Salad Fruit Cocktail Dessert
6 Chicken Cordon Bleu Parsley Potatoes Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	7 Sloppy Joe Sandwich Baja Vegetables Coleslaw Peaches Dessert 	8 Country Fried Steak Potatoes & Gravy Green Beans Garden Salad Apricots Bran Muffin	9 CLOSED FOR STAFF TRAINING 	10 Hawaiian Chicken Wild Rice Blend Mixed Vegetables Asian Style Slaw Tropical Fruit WW Roll
13 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert	14 Italian Rice & Beef Greek Salad Cinnamon Pears WW Roll Dessert	15 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Cherries & Pineapple WW Bread or roll Dessert	16 Beef Taco's Spanish Rice Mexican Style Slaw Fruit Cup Dessert 	17 Shepherd's Pie Cottage Cheese Caesar Salad Mandarin Oranges WW Roll Dessert
20 Bratwurst & Sauerkraut Herbed Potato Bake Capri Vegetables Waldorf Salad WW Bun or Roll Dessert	21 Beef & Tomato Pasta Casserole Spinach Salad Chilled Peaches WW Roll Dessert	22 Ham Au Gratin Potatoes Peas & Carrots Green Salad Spiced Apples Bread Pudding	23 Biscuits & Gravy O'Brien Potatoes V-8 Juice Orange Quarters Dessert	24 Hot Turkey Sandwich Potatoes & Gravy Green Beans Mixed Greens Salad Chilled Peaches WW Bread or Roll Dessert
27 	28 BBQ Chicken Macaroni Salad Crunchy Pea Salad Spring Salad Strawberry Shortcake	29 Hamburger Steak with Grilled Onions & Gravy Mashed Potatoes Trio Vegetables Garden Salad WW Bread or Roll Fruited Jell-O	30 Chicken Burger Deluxe Sweet Potato Fries Chilled Pears Dessert 	31 Meatloaf Potatoes & Gravy Broccoli Cuts Garden Salad WW Bread or Roll Fruited Jell-O

Seniors Age 60 & over—suggested donation $4.00
Under age 60—$8.50 FEE

Please call 509-888-4440 for more information about the Home Delivered Meal program.

It is very costly to the senior meal program when you do not cancel your reservations.
If you know you can't make it—Please call and cancel!
For Chelan 888-4440 between 8am & 2 pm
For Manson 687-3377



Leavenworth Senior Meals
May 2019

Volunteers
The HEART Of The COMMUNITY

PLEASE CALL 24 HOURS IN ADVANCE TO RESERVE OR CANCEL

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Sloppy Joe Sandwich Baja Vegetables Coleslaw Peaches Dessert	2 BBQ Chicken Macaroni Salad Crunchy Pea Salad Spring Salad Strawberry Shortcake	3 Meat & Spinach Wrap Corn Chips Garden Salad Waldorf Salad Dessert
6 Swiss Steak Shell Pasta California Veggies Spiced Salad Banana French Bread Dessert	7 Chicken or Tuna Salad On Croissant Cottage Cheese Tossed Green Salad Broccoli Salad Grapes Dessert	8 Ham Au Gratin Potatoes Peas & Carrots Spinach Salad Spiced Apples WW Bread or Roll Custard	9 CLOSED FOR STAFF TRAINING	10 Orange Glazed Chicken Garden Rice Oriental Vegetables Asian Style Slaw Chilled Pineapple Muffin Fortune Cookies
13 Baked Fish Amandine Basil & Garlic Pasta Asparagus Coleslaw WW Roll Peach Cobbler	14 Chicken Cordon Bleu Parsley Potatoes Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	15 Ham & Cheese Quiche Garden Salad Crunchy Pea Salad Fresh Fruit Tray Blueberry Muffin	16 Beef Taco's Spanish Rice Mexican Style Slaw Fruit cup Dessert	17 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Cherries & Pineapple WW Bread or roll Dessert
20 Chicken Fettuccine Italian Vegetables Caesar Salad Mandarin Oranges Bread Sticks Dessert	21 Hamburger Steak with Grilled Onions Potatoes & Gravy Trio Vegetables Garden Salad WW Bread or roll Fruit Crisp	22 Roast Beef Sandwich With Lettuce & Tomato Vegetable Soup Carrot Raisin Salad Fruit cocktail Dessert	23 Hot Turkey Sandwich (Open Face) Potatoes & Gravy Green Beans Mixed Greens Salad Chilled Peaches WW Bread or Roll Dessert	24 Chili over Baked Potato with cheese Baked Potato Beets Garden Salad Strawberry Shortcake
27 	28 Biscuits & Gravy O'Brien Potatoes V-8 Juice Orange Quarters Dessert	29 Beef Stir Fry Rice Greek Salad Tropical Fruit Salad Garlic Bread Dessert	30 Chicken Cacciatore Wild Rice Blend Italian Vegetables Grapes WW Roll Dessert	31 Meatloaf Potatoes & Gravy Broccoli Cuts Garden Salad WW Bread or Roll Fruited Jell-O

Seniors Age 60 & over—suggested donation $4.00
Under age 60—$8.50 FEE
Please call 509-548-6666 for more information about the Home Delivered Meal program.

It is very costly to the senior meal program when you do not cancel your reservations if you know you can't make it 509-548-6666



May 2019 Meal Site _____

Initial_____ initial_____ initial_____

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27  shutterstock · 133116083	28	29	30	31