




BREWSTER - BRIDGEPORT—PATEROS

HOME DELIVERED MEALS

PLEASE CALL 509-826-7979 TO CANCEL



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Apple Slices Cornbread Cereal Bar	3 Hawaiian Chicken Wild Rice Blend Asian Vegetables Coleslaw Tropical Fruit WW Roll Dessert	4	5 Salmon with Dill Sauce Basil & Garlic Pasta Venetian Blend Veggies Spinach Salad Citrus Salad Dessert
8	9 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	10 Beef Taco Pie Southwest Salad Pears WW Roll Dessert	11	12 Pork Roast Herbed Potato Bake Lettuce & Tomato Salad Pineapple WW Roll Oatmeal Cookie
15	16 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert	17 BBQ Chicken Rice Pilaf Broccoli Normandy Spring Salad Strawberry Shortcake	18	19 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Cherries & Pineapple Dessert
22	23 Biscuits & Sausage Gravy O'Brien Potatoes V-8 Juice Chilled Pears Dessert	24 Taco Soup Corn Chips Mixed Greens Salad Mandarin Oranges Dessert	25	26 Supreme Style Pizza Garden Salad Waldorf Salad Dessert
29 CLOSED  MEMORIAL DAY	30 King Ranch Chicken Casserole Fiesta Salad Orange Quarters Dessert	31 Pepper Steak over Rice Caesar Salad Cinnamon Pears WW Roll Dessert	<p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p>	

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You can visit our website at www.octn.org and follow us on Facebook!



Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS
24 HOURS IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	2 Pork Roast Herbed Potato Bake Tomato & Lettuce Salad Pineapple WW Roll Oatmeal Cookie	3 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert	4 BBQ Chicken Rice Pilaf Broccoli Normandy Spring Salad Strawberry Shortcake	5 Meatloaf Mashed Potatoes/Gravy Peas & Carrots Fruit Salad WW Roll Rice Krispy Treats
8 Cabbage Patch Stew Macaroni Salad Cucumber Salad Tropical Fruit WW Roll Dessert	9 Swedish Meatballs Egg Noodles Glazed Carrots Tossed Green Salad Cherries & Pineapple WW Roll Dessert	10 Ham & Cheese Quiche Garden Salad Crunchy Pea Salad Fresh Fruit Tray Blueberry Muffin	11 Salmon & Dill Sauce Basil/Garlic Pasta Venetian Veggie Blend Spinach Salad Citrus Salad Dessert	12 Pepper Steak Steamed Rice Caesar Salad Cinnamon Pears WW Roll Dessert
15 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert	16 Chili Stuffed Potato Green Salad Corn Bread Strawberry Shortcake	17 Country Fried Steak Mashed Potatoes/Gravy Green Beans WW Roll Cherry Crisp	18 Orange Glazed Chicken Steamed Rice Asian Vegetables Coleslaw Chilled Pineapple Egg Roll Dessert	19 Supreme Style Pizza Garden Salad Waldorf Salad Dessert
22 Bratwurst & Sauerkraut Roasted Potato Wedges Pea Salad Apple Slices Dessert	23 Bacon & Egg Salad Sand- wich on Croissant Spinach Salad Orange Quarters Dessert	24 Pasta Primavera w/Ham Spiced Salad Fruit Salad Garlic Bread Dessert	25 Chicken Salad Croissant Broccoli Salad Grapes Dessert	26 Hamburger Steak with Grilled Onions Mashed Potatoes/Gravy Green Beans WW Bread or Roll Berry Crisp
29 CLOSED 	30 Taco Salad Spanish Rice Fresh Salsa Tortilla Chips Fruit Cup Dessert	31 Shepherd's Pie Cottage Cheese Caesar Salad Apricots WW Roll Cereal Bar	<p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p>	

For information about Home Delivered Meals call 509-470-0522.

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ENTIAT

PLEASE CALL 509-888-4440 TO RESERVE MEALS
24 HOURS IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	2	3	4 BBQ Chicken Rice Pilaf Broccoli Normandy Spring Salad Strawberry Shortcake	5
8 Cabbage Patch Stew Macaroni Salad Cucumber Salad Tropical Fruit WW Roll Dessert	9	10	11 Salmon & Dill Sauce Basil/Garlic Pasta Venetian Veggie Blend Spinach Salad Citrus Salad Dessert	12
15 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert	16	17	18 Orange Glazed Chicken Steamed Rice Asian Vegetables Coleslaw Chilled Pineapple Egg Roll Dessert	19
22 Bratwurst & Sauerkraut Roasted Potato Wedges Pea Salad Apple Slices Dessert	23	24	25 Chicken Salad Croissant Broccoli Salad Grapes Dessert	26
29 CLOSED  MEMORIAL DAY	30	31	<p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p>	

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LEAVENWORTH/CASHMERE HOME DELIVERED

PLEASE CALL 509-888-4440 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	2	3 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert	4	5 Meatloaf Mashed Potatoes/Gravy Peas & Carrots Fruit Salad WW Roll Rice Krispy Treats
8 Cabbage Patch Stew Macaroni Salad Cucumber Salad Tropical Fruit WW Roll Dessert	9	10 Ham & Cheese Quiche Garden Salad Crunchy Pea Salad Fresh Fruit Tray Blueberry Muffin	11	12 Pepper Steak Steamed Rice Caesar Salad Cinnamon Pears WW Roll Dessert
15 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert	16	17 Country Fried Steak Mashed Potatoes/Gravy Green Beans WW Roll Cherry Crisp	18 	19 Supreme Style Pizza Garden Salad Waldorf Salad Dessert
22 Bratwurst & Sauerkraut Roasted Potato Wedges Pea Salad Apple Slices Dessert	23	24 Pasta Primavera w/Ham Spiced Salad Fruit Salad Garlic Bread Dessert	25	26 Hamburger Steak with Grilled Onions Mashed Potatoes/Gravy Green Beans WW Bread or Roll Berry Crisp
29 CLOSED 	30	31 Shepherd's Pie Cottage Cheese Caesar Salad Apricots WW Roll Cereal Bar	<p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p>	

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ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS
24 HOURS IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Salad Croissant Broccoli Salad Grapes Dessert	2	3 Yankee Pot Roast with Carrots & Potatoes Mixed Greens Salad Pineapple WW Roll Oatmeal Cookie	4 Swiss Steak Steamed Rice Green Beans Spiced Salad Banana French Bread Dessert	5
8 Taco Soup Mexican Style Coleslaw Applesauce Corn Chips Dessert	9	10 Biscuits & Gravy Potatoes O'Brien Chilled Pears V-8 Juice Dessert	11 BBQ Chicken Rice Pilaf Broccoli Normandy Spring Salad Strawberry Shortcake	12
15 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert	16	17 Pork Stir Fry on Rice Asian Style Slaw Mandarin Oranges Egg Roll Dessert	18 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	19
22 Hamburger Steak with Grilled Onions Mashed Potatoes Green Beans Garden Salad WW Roll Cherry Crisp	23	24 Chicken Burger Deluxe with Bacon & Swiss Jo Jo's Coleslaw Mixed Berries Dessert	25 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Apple Slices Cornbread Cereal Bar	26
29 CLOSED 	30	31 Pepper Steak Steamed Rice Caesar Salad Cinnamon Pears WW Roll Dessert	<p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p>	

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OKANOGAN / OMAK

PLEASE CALL 422-6776 OR 826-4741

TO RESERVE MEALS 24 HOURS IN ADVANCE



Okanogan	Omak	Okanogan	Closed	Omak
1 Taco Soup Mixed Greens Salad Orange Quarters Corn Chips Dessert	2 Swiss Steak w/Sauce Steamed Rice Green Beans Spiced Salad Banana French Bread Dessert	3 Biscuits & Gravy Potatoes O'Brien V-8 Juice Chilled pears Dessert	4	5 Bratwurst & Sauerkraut Roasted Potatoes Pea Salad Waldorf Salad Dessert
8 Orange Glazed Chicken Steamed Rice Asian Vegetables Coleslaw Chilled Pineapple Egg Roll Dessert	9 Hamburger Steak with Grilled Onions Mashed Potatoes/Gravy Green Beans Garden Salad WW Roll Berry Crisp	10 Cabbage Patch Stew Macaroni Salad Cucumber Salad Tropical Fruit WW Roll Dessert	11	12 Country Fried Steak Mashed Potatoes/Gravy Buttered Corn Green Salad Peaches WW Roll Cherry Tart
15 BBQ Chicken Rice Pilaf Broccoli Normandy Spring Salad Strawberry Shortcake	16 Shepherd's Pie Cottage Cheese Caesar Salad Apricots WW Roll Cereal Bar	17 Baked Ham Potatoes Au Gratin Peas & Carrots Applesauce WW Bread or Roll Dessert	18	19 Salmon with Dill Sauce Basil & Garlic Pasta Venetian Blend Veggies Spinach Salad Citrus Salad Dessert
22 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Apple Slices Cornbread Cereal Bar	23 Taco Salad Spanish Rice Fresh Salsa Fresh Fruit Tortilla Chips Dessert	24 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Tropical Fruit Focaccia Bread Dessert	25	26 Pork Stir Fry over Rice Asian Slaw Mandarin Oranges Egg Roll Dessert
29  MEMORIAL DAY	30 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert	31 Pasta Primavera w/Ham Spiced Salad Fresh Fruit Salad Garlic Bread Dessert	<p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p>	

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OROVILLE / TONASKET

PLEASE CALL 476-2412 OR 486-2483

TO RESERVE MEALS 24 HOURS IN ADVANCE



TONASKET	TONASKET	TONASKET	TONASKET	OROVILLE
1 Chicken Salad Croissant Broccoli Salad Grapes Dessert	2 Ham & Cheese Quiche Garden Salad Crunchy Pea Salad Fresh Fruit Tray Blueberry Muffin	3 Biscuits & Sausage Gravy Potatoes O'Brien V-8 Juice Chilled Pears Dessert	4 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert	5 Chicken Tetrazzini Italian Vegetables Caesar Salad Grapes Dessert
8 Taco Salad Spanish Rice Fresh Salsa Fruit Cup Tortilla Chips Dessert	9 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Apple Slices Cornbread Cereal Bar	10 Yakisoba Stir Fry Vegetables Asian Slaw Mandarin Oranges Dessert	11 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert	12 Pot Roast Herbed Potato Bake Lettuce & Tomato Salad Pineapple WW Bread or Roll Oatmeal Cookie
15 Pork Stir Fry Steamed Rice Asian Slaw Mandarin Oranges Egg Roll Dessert	16 Shepherd's Pie Cottage Cheese Caesar Salad Apricots WW Roll Cereal Bar	17 Taco Soup Mexican Coleslaw Cinnamon Applesauce Corn Chips Dessert	18 Salmon with Dill Sauce Basil & Garlic Pasta Venetian Vegetables Spinach Salad Citrus Salad Dessert	19 Meatloaf Mashed Potatoes/Gravy Broccoli Normandy Garden Salad WW Bread or Roll Fruited Jell-O
22 Chicken Burger Deluxe with Bacon & Swiss Cheese Jo Jo's Coleslaw Mixed Berries Dessert	23 Bratwurst & Sauerkraut Roasted Potato Wedges Pea Salad Waldorf Salad Dessert	24 Swedish Meatballs Egg Noodles Glazed Carrots Green Salad Cherries & Pineapple WW Roll Dessert	25 Country Fried Steak Mashed Potatoes/Gravy Green Beans WW Roll Cherry Crisp	26 Pasta Primavera w/Ham Spiced Salad Fruit Salad Garlic Bread Dessert
29 CLOSED 	30 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	31 Chicken Cordon Bleu Casserole Egg Noodles Normandy Vegetables Tossed Salad Fruit Cocktail Dessert	<p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p>	

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TWISP

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Salmon w/Dill Sauce Basil & Garlic Pasta Venetian Blend Veggies Spinach Salad Citrus Salad Dessert	2	3	4 Orange Glazed Chicken Steamed Rice Asian Vegetables Coleslaw Chilled Pineapple Egg Roll Dessert	5 Beef Taco Pie Southwest Salad Pears Dessert
8 Biscuits & Sausage Gravy Potatoes O'Brien V-8 Juice Chilled Pears Dessert	9	10	11 Hamburger Steak with Grilled Onions Mashed Potatoes Green Beans Green Salad WW Roll Berry Crisp	12 Spaghetti & Meat Sauce Caesar Salad Sliced peaches Garlic Bread Dessert
15 BBQ Chicken Rice Pilaf Peas & Carrots Spring Salad Strawberry Shortcake	16	17	18 Chicken, Bacon & Swiss Deluxe Burger Jo Jo's Coleslaw Mixed Berries Dessert	19 Meatloaf Mashed Potatoes & Gravy Broccoli Normandy Garden Salad WW Roll Fruited Jell-O
22 Pork Roast Herbed Potato Bake Lettuce & Tomato Salad Waldorf Salad WW Roll Oatmeal Cookie	23	24	25 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert	26 Chicken Salad Croissant Broccoli Salad Grapes Dessert
29 CLOSED 	30	31	<p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p>	

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WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS
24 HOURS IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 BBQ Chicken Rice Pilaf Broccoli Normandy Spring Salad Strawberry Shortcake	3 Salmon with Dill Sauce Basil & Garlic Pasta Venetian Blend Veggies Spinach Salad Mandarin Oranges Dessert	4 Pork Roast Herbed Potato Bake Tomato Lettuce Salad Pineapple WW Roll Oatmeal Cookie	5 Swiss Steak Steamed Rice Green Beans Spiced Salad Banana French Bread Dessert
8	9 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	10 Cabbage Patch Stew Macaroni Salad Cucumber Salad Tropical Fruit WW Roll Dessert	11 Baked Ham Au Gratin Potatoes Peas & Carrots Applesauce WW Roll Rice Krispy Treat	12 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert
15	16 Biscuits & Sausage Gravy Potatoes O'Brien V-8 Juice Chilled Pears Dessert	17 Chicken Salad Croissant Broccoli Salad Grapes Dessert	18 Ham & Cheese Quiche Garden Salad Crunchy Pea Salad Fresh Fruit Tray Blueberry Muffin	19 Pork Stir Fry Steamed Rice Asian Slaw Mandarin Oranges Egg Roll Dessert
22	23 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	24 Hawaiian Chicken Wild Rice Blend Asian Vegetables Coleslaw Tropical Fruit WW Roll Dessert	25 Bratwurst & Sauerkraut Roasted Potatoes Pea Salad Waldorf Salad Dessert	26 Hamburger Steak with Grilled Onions Mashed Potatoes/Gravy Green Beans Garden Salad WW Bread or Roll Berry Crisp
29 CLOSED  MEMORIAL DAY	30 Country Fried Steak Mashed Potatoes/Gravy Key West Vegetables WW Roll Cherry Crisp	31 Chili Stuffed Potato Green Salad Corn Bread Strawberry Shortcake	<p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p>	

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