

BREWSTER - BRIDGEPORT—PATEROS

PLEASE CALL 509-689-2815 TO RESERVE MEALS

24 HOURS IN ADVANCE



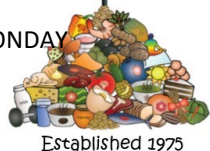
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1 CLOSED



4

5

Chicken & Rice Bake
Green Beans
Kale Slaw
Tropical Fruit
WW Roll
Dessert

6

Meatloaf & Gravy
Mashed Potatoes
Buttered Peas
Green Salad
Peaches
WW Bread or Roll
Dessert

7

Spaghetti & Meat Sauce
Caesar Salad
Chilled Pears
Garlic Bread
Dessert

8

11

12

Beef Stroganoff
Green Beans
Tossed Green Salad
Mandarin Oranges
French Bread
Dessert

13

Cabbage Roll Casserole
Glazed Carrots
Waldorf Salad
WW Roll
Dessert

14

Ham & Cheese Quiche
Steamed Broccoli
Garden Salad
Fresh Fruit
Muffin

15



18 CLOSED



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19

BBQ Country Ribs
Jo Jo's
Carrot Raisin Salad
Pineapple
Cornbread
Dessert

20

Chicken Fettuccine
Broccoli Normandy
Caesar Salad
Garlic Bread
Berry Crisp

21

Pork Roast
Stuffing & Gravy
Zucchini Tomato Bake
Garden Salad
Applesauce
Dessert

22

25

26

Salisbury Steak & Gravy
Mashed Potatoes
Caribbean Veggie Blend
Mixed Greens Salad
WW Roll
Peach Cobbler

27

Biscuits & Gravy
Sausage Patty
Hash Browns
Stewed Tomatoes
Strawberries & Bananas
Muffin

28

Oven Fried Chicken
Twice Bake Potato
4 Way Veggie Blend
Spiced Salad
Orange Quarters
WW Roll
Dessert

29

For information about Home Delivered Meals call 844-826-7979.

You can visit our website at www.octn.org and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840



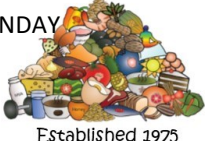


JANUARY

2021



CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Established 1975				1 CLOSED 
4 Baked Fish Pesto Pasta Caribbean Veggies Coleslaw Citrus Salad WW Bread or Roll Dessert	5 Meatloaf Potatoes & Gravy Buttered Peas Green Salad Peaches WW Roll Dessert	6 Chicken & Rice Bake Green Beans Spinach Salad Tropical Fruit WW Bread or Roll Dessert	7 French Dip Jo Jo's Pea Salad Waldorf Salad Dessert	8
11 Italian Rice & Beef Green Beans Caesar Salad Fruit Cocktail Breadsticks Dessert	12 Chicken Cordon Bleu Casserole over Pasta Peas & Carrots Garden Salad Strawberries & Bananas Bread Pudding	13 Beef Taco's Spanish Rice Fresh Salsa Cinnamon Applesauce Tapioca Pudding	14 Chili with Cheese 1/2 Baked Potato Chuck Wagon Corn Tossed Green Salad Apricots Cornbread Dessert	15
18 CLOSED  shutterstock · 356091257	19 Kielbasa with Cabbage & Onions Roasted Red Potatoes Tossed Green Salad Biscuit Cherry Crisp	20 Oven Fried Chicken Macaroni Salad 4 Way Veggie Blend Spiced Salad Orange Quarters WW Roll Dessert	21 Cheeseburger Deluxe Sweet Potato Fries Fruit Salad Dessert	22
25 Ham & Au Gratin Potato Casserole Peas & Carrots Cucumber Salad Mandarin Oranges WW Roll Dessert	26 Salisbury Steak & Gravy Mashed Potatoes Caribbean Vegetables Mixed Greens Salad Roll Peach Cobbler	27 Chicken Paprika Egg Noodles Roasted Squash Spring Salad Pineapple & Cherries WW Roll Dessert	28 Cabbage Patch Stew Greek Salad Waldorf Salad WW Roll Dessert	29

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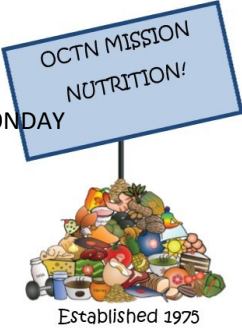


JANUARY

2021

DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1 CLOSED</p> 
<p>4</p>	<p>5</p> <p>Lemon Baked Cod Wild Rice Scandinavian Veggies Coleslaw Citrus Salad Herb Bread Dessert</p>	<p>6</p>	<p>7</p> <p>Meatloaf Mashed Potatoes Buttered Peas Tossed Green Salad Peaches Onion Bread Dessert</p>	<p>8</p> <p>Cordon Bleu Casserole Rice Pilaf Peas & Carrots Garden Salad Strawberries & Bananas Bread Pudding</p>
<p>11</p>	<p>12</p> <p>Chili with Cheese 1/2 Baked Potato Chuck Wagon Corn Tossed Salad Apricots Cornbread Dessert</p>	<p>13</p>	<p>14</p> <p>Beef Barley Soup Cottage Cheese Spinach Salad WW Bread or Roll Cherry Cobbler</p>	<p>15</p> <p>Italian Rice & Beef Casserole Green Beans Caesar Salad Fruit Cocktail WW Bread Dessert</p>
<p>18</p>  <p>shutterstock · 356091257</p>	<p>19</p> <p>Chicken Fettuccine Broccoli Carrot Raisin Salad Garlic Bread Berry Crisp</p>	<p>20</p>	<p>21</p> <p>Salisbury Steak Mashed Potatoes Caribbean Blend Veggies Mixed Greens Salad WW Roll Peach Cobbler</p>	<p>22</p> <p>Baked Ham Scalloped Potatoes Roasted Cauliflower Garden Salad Applesauce Herb Bread Dessert</p>
<p>25</p>	<p>26</p> <p>Cheeseburger Deluxe Sweet Potato Fries Chilled Peaches Dessert</p>	<p>27</p>	<p>28</p> <p>Biscuits & Country Gravy Sausage Patty Hash Brown Potatoes Stewed Tomatoes Orange Quarters Muffin</p>	<p>29</p> <p>Pot Roast Roasted Potatoes & Carrots Tossed Green Salad Peaches WW Bread or Roll Oatmeal Cookies</p>

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JANUARY

2021



ENTIAT

PLEASE CALL 509-888-4440 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 1				
4 Baked Fish Pesto Pasta Caribbean Veggies Coleslaw Citrus Salad WW Bread or Roll Dessert	5	6	7 French Dip Jo Jo's Pea Salad Waldorf Salad Dessert	8
11 Italian Rice & Beef Green Beans Caesar Salad Fruit Cocktail Breadsticks Dessert	12	13 	14 Chili with Cheese 1/2 Baked Potato Chuck Wagon Corn Tossed Green Salad Apricots Cornbread Dessert	15
18  <small>shutterstock · 356091257</small>	19	20	21 Cheeseburger Deluxe Sweet Potato Fries Fruit Salad Dessert	22
25 Ham & Au Gratin Potato Casserole Peas & Carrots Cucumber Salad Mandarin Oranges WW Roll Dessert	26	27	28 Cabbage Patch Stew Greek Salad Waldorf Salad WW Roll Dessert	29

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JANUARY
2021



Established 1975

LEAVENWORTH

PLEASE CALL 509-548-6666 TO RESERVE MEALS

24 HOURS IN ADVANCE




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				1 CLOSED 
4 Baked Fish Pesto Pasta Caribbean Veggies Coleslaw Citrus Salad WW Bread or Roll Dessert	5	6 Chicken & Rice Bake Green Beans Spinach Salad Tropical Fruit WW Bread or Roll Dessert	7 	8 Baked Ham Scalloped Potatoes Roasted Cauliflower Garden Salad Applesauce WW Roll Dessert
11 Italian Rice & Beef Green Beans Caesar Salad Fruit Cocktail Breadsticks Dessert	12	13 Beef Taco's Spanish Rice Fresh Salsa Cinnamon Applesauce Tapioca Pudding	14	15 Pork Chops Stuffing & Gravy Zucchini Tomato Bake Garden Salad Pineapple Dessert
18 CLOSED  shutterstock · 356091257	19	20 Oven Fried Chicken Macaroni Salad 4 Way Veggie Blend Spiced Salad Orange Quarters WW Roll Dessert	21	22 Panko Fish Fillet Jo Jo's Pea Salad Apple Slices WW Roll Cereal Bars
25 Ham & Au Gratin Potato Casserole Peas & Carrots Cucumber Salad Mandarin Oranges WW Roll Dessert	26	27 Chicken Paprika Egg Noodles Roasted Squash Spring Salad Pineapple & Cherries WW Roll Dessert	28	29 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert

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ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS

24 HOURS IN ADVANCE

<div>OCTN MISSION NUTRITION!</div> <div>  <p>Established 1975</p> </div> <div>MONDAY</div>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<div>1</div> <div>  <p>HAPPY NEW YEAR!</p> </div>
<div>4</div> <div> Clam Chowder 1/2 Tuna Sandwich Coleslaw Tropical Fruit Whole Grain Crackers Dessert </div>	<div>5</div>	<div>6</div> <div> Meatloaf Mashed Potatoes Buttered Peas Green Salad Apricots WW Roll Dessert </div>	<div>7</div> <div> Lemon Baked Salmon Wild Rice Scandinavian Veggies Caesar Salad WW Roll Fruited Jell-O </div>	<div>8</div>
<div>11</div> <div> Chili with Cheese 1/2 Baked Potato Tossed Green Salad Peaches Cornbread Dessert </div>	<div>12</div>	<div>13</div> <div> Kielbasa with Cabbage And Onions Roasted Red Potatoes Cucumber Salad Waldorf Salad Biscuit Cereal Bars </div>	<div>14</div> <div> Chicken & Rice Bake Green Beans Mixed Greens Salad Tropical Fruit WW Bread or Roll Dessert </div>	<div>15</div> <div>  </div>
<div>18</div> <div> CLOSED </div> <div>  <p>MARTIN LUTHER KING DAY</p> <p>shutterstock · 356091257</p> </div>	<div>19</div>	<div>20</div> <div> Pork Chops Stuffing & Gravy Roasted Vegetables Cabbage Apple Slaw Pineapple Dessert </div>	<div>21</div> <div> Salisbury Steak Mashed Potatoes Caribbean Veggies Mixed Greens Salad WW Roll Plum Cobbler </div>	<div>22</div>
<div>25</div> <div> Beef Barley Soup Cottage Cheese Spinach Salad Oranges WW Roll Dessert </div>	<div>26</div>	<div>27</div> <div> Oven Fried Chicken Potato Casserole 4 Way Veggie Mix Garden Salad Waldorf Salad WW Roll Dessert </div>	<div>28</div> <div> Cheeseburger Deluxe Steak Fries Coleslaw Pear Crisp </div>	<div>29</div>

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JANUARY

2021

OKANOGAN / OMAK

PLEASE CALL 422-6776 OR 826-4741

TO RESERVE MEALS 24 HOURS IN ADVANCE





Okanogan

Omak

Okanogan

Closed

Omak

				<p>1 CLOSED</p> 
<p>4 Meatloaf & Gravy Mashed Potatoes Buttered Peas Green Salad Peaches WW Roll Dessert</p>	<p>5 Chicken & Rice Bake Green Beans Kale Slaw Tropical Fruit WW Roll Dessert</p>	<p>6 Biscuits & Gravy Hash Browns Stewed Tomatoes Fresh Fruit Muffin</p>	<p>7</p>	<p>8 Clam Chowder 1/2 Tuna Sandwich Tossed Green Salad Waldorf Salad Whole Grain Crackers Dessert</p>
<p>11 Sloppy Joe's Jo Jo's Coleslaw Mandarin Oranges Dessert</p>	<p>12 BBQ Country Ribs Macaroni & Cheese Green Beans Carrot Raisin Salad Pineapple Dessert</p>	<p>13 Chicken Paprika Egg Noodles Roasted Squash Spring Salad Fruit Salad WW Roll Dessert</p>	<p>14</p> 	<p>15 Beef Pot Roast Roasted Potatoes & Carrots Tossed Green Salad Peaches WW Roll Oatmeal Cookies</p>
<p>18 CLOSED</p> 	<p>19 Chili with Cheese 1/2 Baked Potato Chuck Wagon Corn Tossed Green Salad Apricots Cornbread Dessert</p>	<p>20 Minestrone Soup 1/2 Turkey Sandwich Caesar Salad Peaches Whole Grain Crackers Dessert</p>	<p>21</p>	<p>22 Chicken Fettuccine Broccoli Carrot Raisin Salad Garlic Bread Berry Crisp</p>
<p>25 Kielbasa with Cabbage and Onions Roasted Red Potatoes Cucumber Salad Waldorf Salad Biscuit Cereal Bars</p>	<p>26 Ham & Cheese Quiche Steamed Broccoli Garden Salad Fresh Fruit Muffin</p>	<p>27 Cheeseburger Deluxe Sweet Potato Fries Orange Quarters Dessert</p>	<p>28</p>	<p>29 Baked Fish Fillet Wild Rice Chalet Vegetable Blend Coleslaw Citrus Salad WW Roll Dessert</p>

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JANUARY
2021

OROVILLE / TONASKET

PLEASE CALL 476-2412 OR 486-2486

TO RESERVE MEALS 24 HOURS IN ADVANCE

Closed	Oroville	Tonasket	Oroville	Tonasket
				<p>1 CLOSED</p> 
4	<p>5</p> <p>Broccoli Chicken Bake Fiesta Salad Tropical Fruit Focaccia Bread Dessert</p>	<p>6</p> <p>Baked Fish Wild Rice Chalet Garlic Veggies Coleslaw Fruit Salad WW Roll Dessert</p>	<p>7</p> <p>Kielbasa with Peppers & Onions Roasted Red Potatoes Cucumber Salad Waldorf Salad Cheesy Biscuit Cereal Bars</p>	<p>8</p> <p>Baked Ham Scalloped Potatoes Roasted Cauliflower Garden Salad Pineapple WW Roll Dessert</p>
11	<p>12</p> <p>Biscuits & Gravy Scrambled Eggs Hash Browns V-8 Juice Muffin Blueberry / Pudding Parfait</p>	<p>13</p> <p>French Dip Jo Jo Potatoes Pea Salad Waldorf Salad Dessert</p>	<p>14</p> <p>Yankee Pot Roast Roasted Potatoes & Carrots Tossed Green Salad Oregon Berries WW Roll Oatmeal Bars</p>	<p>15</p> <p>BBQ Country Ribs Mac & Cheese Peas & Carrots Cabbage & Apple Slaw Pineapple Tidbits Dessert</p>
<p>18 CLOSED</p> 	<p>19</p> <p>Italian Meatballs in Marinara sauce over Pasta Caesar Salad Garlic Bread Apple Crisp</p>	<p>20</p> <p>Ham & Cheese Quiche Steamed Broccoli Garden Salad Fresh Fruit Cranberry Scone</p>	<p>21</p> <p>Chili 1/2 Baked Potato Tossed Green Salad Apricots Cornbread Dessert</p>	<p>22</p> <p>Beef Barley Soup Cottage Cheese Spinach Salad Oranges WW Roll Dessert</p>
25	<p>26</p> <p>Beef Stroganoff Green Beans Garden Salad Banana French Bread Dessert</p>	<p>27</p> <p>Pork Roast Stuffing & Gravy Roasted Fall Veggies Spiced Salad Cinnamon Apples Dessert</p>	<p>28</p> <p>Panko Crusted Fish Fillet Rosemary Fries Three Bean Salad Tropical Fruit WW Roll Cereal Bars</p>	<p>29</p> <p>Meatloaf Mashed Potatoes Buttered Peas Green Salad WW Roll Fruited Jell-O</p>

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JANUARY
2021

TWISP

PLEASE CALL 509-997-7722 TO RESERVE MEALS

24 HOURS IN ADVANCE

 <p>MONDAY</p>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Established 1975</p>				<p>1 CLOSED</p> 
<p>4 Meatloaf Mashed Potatoes Buttered Peas Green Salad Peaches WW Bread or Roll Dessert</p>	<p>5</p> 	<p>6</p>	<p>7 Chili with cheese 1/2 Baked Potato Chuck Wagon Corn Tossed Green Salad Apricots Cornbread Dessert</p>	<p>8 Chicken Fettuccine Broccoli Carrot Raisin Salad Garlic Bread Berry Crisp</p>
<p>11 Oven Fried Chicken Twice Bake Style Potato Four Way Veggie Blend Spiced Salad Chilled Pears WW Roll Dessert</p>	<p>12</p>	<p>13</p>	<p>14 Biscuits & Country Gravy Sausage Patty Hash Brown Potatoes Stewed Tomatoes Orange Quarters Muffin</p>	<p>15 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert</p>
<p>18 CLOSED</p>  <p>shutterstock · 356091257</p>	<p>19</p>	<p>20</p>	<p>21 Ham & Au Gratin Potato Casserole Key West Vegetables Cucumber Salad Cherries & Pineapple WW Bread or Roll Dessert</p>	<p>22 Hamburger Stroganoff Green Beans Garden Salad Banana French Bread Dessert</p>
<p>25 Pork Roast Stuffing & Gravy Zucchini Tomato Bake Garden Salad Pineapple Dessert</p>	<p>26</p>	<p>27</p>	<p>28 Beef Tacos Spanish Rice Fresh Salsa Cinnamon Applesauce Dessert</p>	<p>29 Panko Crusted Fish Fillet Rosemary French Fries Pea Salad Mandarin Oranges WW Bread Cereal Gars</p>

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JANUARY

2021



WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5 Clam Chowder 1/2 Tuna Sandwich Kale slaw Tropical Fruit Whole Grain Crackers Dessert	6 French Dip Jo Jo's Pea Salad Waldorf Salad Dessert	7 Meatloaf & Gravy Mashed Potatoes Green Beans Green Salad Peaches WW Bread or roll Dessert	8
11	12 Chili with Cheese 1/2 Baked Potato Tossed Green Salad Apricots Cornbread Dessert	13 Baked Fish Wild Rice Scandinavian Veggies Coleslaw Citrus Salad WW Roll Dessert	14 Cabbage Patch Stew Greek Salad Waldorf Salad Whole Gran Crackers WW Roll Dessert	15
18 	19 Biscuits & Country Gravy Sausage Patty Hash Browns Stewed Tomatoes Fresh Fruit Muffin	20 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	21 Minestrone Soup 1/2 Turkey Sandwich Spinach Salad Chilled Pears Whole Grain Crackers Dessert	22
25	26 Country Fried Steak Mashed Potatoes 4 Way Veggie Blend Carrot Raisin Salad Waldorf Salad Biscuit Dessert	27 Ham & Au Gratin Potato Casserole Key West Veggies Cucumber Salad Cherries & Pineapple WW Roll Dessert	28 Cheeseburger Deluxe. Sweet Potato Fries Orange Quarters Dessert	29

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