# BREWSTER - BRIDGEPORT—PATEROS

# PLEASE CALL 509-689-2815 TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Established 1975				1 CLOSED  HAPPY NEW YEAR!
4	5 Chicken & Rice Bake Green Beans Kale Slaw Tropical Fruit WW Roll Dessert	6 Meatloaf & Gravy Mashed Potatoes Buttered Peas Green Salad Peaches WW Bread or Roll Dessert	7 Spaghetti & Meat Sauce Caesar Salad Chilled Pears Garlic Bread Dessert	8
11	12 Beef Stroganoff Green Beans Tossed Green Salad Mandarin Oranges French Bread Dessert	13 Cabbage Roll Casserole Glazed Carrots Waldorf Salad WW Roll Dessert	14 Ham & Cheese Quiche Steamed Broccoli Garden Salad Fresh Fruit Muffin	15
18 CLOSED  MARTIN LUTHER KING DAY  shutterstock · 356091257	19 BBQ Country Ribs Jo Jo's Carrot Raisin Salad Pineapple Cornbread Dessert	20 Chicken Fettuccine Broccoli Normandy Caesar Salad Garlic Bread Berry Crisp	21 Pork Roast Stuffing & Gravy Zucchini Tomato Bake Garden Salad Applesauce Dessert	22
25	26 Salisbury Steak & Gravy Mashed Potatoes Caribbean Veggie Blend Mixed Greens Salad WW Roll Peach Cobbler	27 Biscuits & Gravy Sausage Patty Hash Browns Stewed Tomatoes Strawberries & Bananas Muffin	Oven Fried Chicken Twice Bake Potato 4 Way Veggie Blend Spiced Salad Orange Quarters WW Roll Dessert	29

For information about Home Delivered Meals call 844-826-7979.

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Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





## OKANOGAN / OMAK

## PLEASE CALL 422-6776 OR 826-4741

#### TO RESERVE MEALS 24 HOURS IN ADVANCE

Okanogan	Omak	Okanogan	Closed	Omak
OCTN MISSION NUTRITION!  Established 1975				1 CLOSED  HAPPY NEW YEAR!
4 Meatloaf & Gravy Mashed Potatoes Buttered Peas Green Salad Peaches WW Roll Dessert	5 Chicken & Rice Bake Green Beans Kale Slaw Tropical Fruit WW Roll Dessert	6 Biscuits & Gravy Hash Browns Stewed Tomatoes Fresh Fruit Muffin	7	8 Clam Chowder 1/2 Tuna Sandwich Tossed Green Salad Waldorf Salad Whole Grain Crackers Dessert
11 Sloppy Joe's Jo Jo's Coleslaw Mandarin Oranges Dessert	12 BBQ Country Ribs Macaroni & Cheese Green Beans Carrot Raisin Salad Pineapple Dessert	13 Chicken Paprika Egg Noodles Roasted Squash Spring Salad Fruit Salad WW Roll Dessert	14	15 Beef Pot Roast Roasted Potatoes & Carrots Tossed Green Salad Peaches WW Roll Oatmeal Cookies
18 CLOSED  MARTIN LUTHER KING DAY  shutterstock • 356091257	19 Chili with Cheese 1/2 Baked Potato Chuck Wagon Corn Tossed Green Salad Apricots Cornbread Dessert	20 Minestrone Soup 1/2 Turkey Sandwich Caesar Salad Peaches Whole Grain Crackers Dessert	21	22 Chicken Fettuccine Broccoli Carrot Raisin Salad Garlic Bread Berry Crisp
25 Kielbasa with Cabbage and Onions Roasted Red Potatoes Cucumber Salad Waldorf Salad Biscuit Cereal Bars	26 Ham & Cheese Quiche Steamed Broccoli Garden Salad Fresh Fruit Muffin	27 Cheeseburger Deluxe Sweet Potato Fries Orange Quarters Dessert	28	29 Baked Fish Fillet Wild Rice Chalet Vegetable Blend Coleslaw Citrus Salad WW Roll Dessert

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# OROVILLE / TONASKET

#### PLEASE CALL 476-2412 OR 486-2486

#### TO RESERVE MEALS 24 HOURS IN ADVANCE

Closed	Oroville	Tonasket	Oroville	Tonasket
OCTN MISSION NUTRITION!  Established 1975				1 CLOSED  HAPPY NEW!
4	5 Broccoli Chicken Bake Fiesta Salad Tropical Fruit Focaccia Bread Dessert	6 Baked Fish Wild Rice Chalet Garlic Veggies Coleslaw Fruit Salad WW Roll Dessert	7 Kielbasa with Peppers & Onions Roasted Red Potatoes Cucumber Salad Waldorf Salad Cheesy Biscuit Cereal Bars	8 Baked Ham Scalloped Potatoes Roasted Cauliflower Garden Salad Pineapple WW Roll Dessert
11	12 Biscuits & Gravy Scrambled Eggs Hash Browns V-8 Juice Muffin Blueberry / Pudding Parfait	13 French Dip Jo Jo Potatoes Pea Salad Waldorf Salad Dessert	14 Yankee Pot Roast Roasted Potatoes & Carrots Tossed Green Salad Oregon Berries WW Roll Oatmeal Bars	15 BBQ Country Ribs Mac & Cheese Peas & Carrots Cabbage & Apple Slaw Pineapple Tidbits Dessert
18 CLOSED  MARTIN LUTHER KING DAY  shutterstock · 356091257	19 Italian Meatballs in Marinara sauce over Pasta Caesar Salad Garlic Bread Apple Crisp	20 Ham & Cheese Quiche Steamed Broccoli Garden Salad Fresh Fruit Cranberry Scone	21 Chili 1/2 Baked Potato Tossed Green Salad Apricots Cornbread Dessert	22 Beef Barley Soup Cottage Cheese Spinach Salad Oranges WW Roll Dessert
25	26 Beef Stroganoff Green Beans Garden Salad Banana French Bread Dessert	27 Pork Roast Stuffing & Gravy Roasted Fall Veggies Spiced Salad Cinnamon Apples Dessert	28 Panko Crusted Fish Fillet Rosemary Fries Three Bean Salad Tropical Fruit WW Roll Cereal Bars	29 Meatloaf Mashed Potatoes Buttered Peas Green Salad WW Roll Fruited Jell-O

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# **TWISP**

## PLEASE CALL 509-997-7722 TO RESERVE MEALS

#### 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Established 1975				1 CLOSED  HAPPY NEW YEAR!
4 Meatloaf Mashed Potatoes Buttered Peas Green Salad Peaches WW Bread or Roll Dessert	5	6	7 Chili with cheese 1/2 Baked Potato Chuck Wagon Corn Tossed Green Salad Apricots Cornbread Dessert	8 Chicken Fettuccine Broccoli Carrot Raisin Salad Garlic Bread Berry Crisp
11 Oven Fried Chicken Twice Bake Style Potato Four Way Veggie Blend Spiced Salad Chilled Pears WW Roll Dessert	12	13	14 Biscuits & Country Gravy Sausage Patty Hash Brown Potatoes Stewed Tomatoes Orange Quarters Muffin	15 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert
18 CLOSED  MARTIN LUTHER KING DAY  shutterstock · 356091257	19	20	21 Ham & Au Gratin Potato Casserole Key West Vegetables Cucumber Salad Cherries & Pineapple WW Bread or Roll Dessert	22 Hamburger Stroganoff Green Beans Garden Salad Banana French Bread Dessert
25 Pork Roast Stuffing & Gravy Zucchini Tomato Bake Garden Salad Pineapple Dessert	26	27	28 Beef Tacos Spanish Rice Fresh Salsa Cinnamon Applesauce Dessert	29 Panko Crusted Fish Fillet Rosemary French Fries Pea Salad Mandarin Oranges WW Bread Cereal Gars

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