



ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BLT Sandwich Cottage Cheese Pea Salad V-8 Juice Strawberry Shortcake	3	4 Pork Roast Stuffing & Gravy Carrots Spinach Salad Waldorf Salad Dessert	5 Chicken Parmesan Mixed Vegetables Caesar Salad Tropical Fruit Garlic Bread Dessert	6
9 Chicken Strips Jo Jo's Spinach Salad Orange Wedges Garlic Bread Dessert	10	11 Hamburger Steak with Grilled Onions Potatoes & Gravy Green Beans WW Roll Cherry Crisp	12 Tuna Noodle Casserole Peas & Carrots Garden Salad Applesauce Dessert	13
16 Chicken Caesar Salad Tomato Wedges Melon Slices Cheesy Garlic Toast Dessert	17	18 BBQ Riblets Baked Beans Crunchy Pea Salad Coleslaw Cornbread Strawberry Shortcake	19 Sweet & Sour Meatballs Steamed Rice Oriental Veggies Asian Style Slaw Pineapple WW Roll Fortune Cookies	20
23 Meat & Spinach Wrap Style sandwich Coleslaw Tortilla Chips Mixed Berries over Angel Food Cake	24	25 Pot Roast Roasted Carrots & Potatoes Garden Salad Watermelon WW Roll Oatmeal Cookies	26 White Bean Chicken Chili Pasta Veggie Salad Melon Slices WW Roll Dessert	27
30 Cheeseburger Deluxe Potato Salad Fresh Fruit Dessert	31			

For information about Home Delivered Meals call 844-826-7979.

You can visit our website at www.octn.org and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 BBQ Chicken Macaroni Salad Green Beans Mixed Greens Salad WW Roll Berry Cobbler	4 Meatballs Potatoes & Gravy Lettuce & Tomato Salad Peaches WW Roll Rice Krispies Treats	5 Fish & Chips Coleslaw Apricots Garlic Bread Dessert	6
9	10 Meatloaf Mashed Potatoes / Gravy Broccoli Caesar Salad Pears WW Roll Dessert	11 Baked Fish Fillet Rice Pilaf Peas Coleslaw Mixed Melons WW Roll Dessert	12 Stuffed Pepper Casserole Garden Salad Peaches WW Roll Dessert	13
16	17 Salisbury Steak Mashed Potatoes / Gravy Broccoli WW Roll Apricot Crisp	18 Chicken Strips Jo Jo's Spinach Salad Mandarin Oranges Breadstick Dessert	19 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	20
23	24 Tuna Noodle Casserole Peas Carrots Garden Salad Orange Quarters Dessert	25 Beef & Broccoli Stir Fry Steamed Rice Spiced Salad Tropical Fruit Egg Roll Dessert	26 Bacon & Egg Salad on a Croissant Sandwich Vegetable Tray Pea Salad Mixed Berries Dessert	27
30	31 Pulled Pork Sandwich Baked Beans Pickled Beets Coleslaw Peaches Dessert			

For information about Home Delivered Meals call 844-826-7979.

You can visit our website at www.octn.org and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

