



# ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS  
24 HOURS IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Salad Croissant Broccoli Salad Grapes Dessert	2	3 Yankee Pot Roast with Carrots & Potatoes Mixed Greens Salad Pineapple WW Roll Oatmeal Cookie	4 Swiss Steak Steamed Rice Green Beans Spiced Salad Banana French Bread Dessert	5
8 Taco Soup Mexican Style Coleslaw Applesauce Corn Chips Dessert	9	10 Biscuits & Gravy Potatoes O'Brien Chilled Pears V-8 Juice Dessert	11 BBQ Chicken Rice Pilaf Broccoli Normandy Spring Salad Strawberry Shortcake	12
15 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert	16	17 Pork Stir Fry on Rice Asian Style Slaw Mandarin Oranges Egg Roll Dessert	18 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	19
22 Hamburger Steak with Grilled Onions Mashed Potatoes Green Beans Garden Salad WW Roll Cherry Crisp	23	24 Chicken Burger Deluxe with Bacon & Swiss Jo Jo's Coleslaw Mixed Berries Dessert	25 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Apple Slices Cornbread Cereal Bar	26
29 CLOSED 	30	31 Pepper Steak Steamed Rice Caesar Salad Cinnamon Pears WW Roll Dessert	<div> Suggested donation for seniors over age 60 is \$4.00  FEE for persons under age 60 is \$10.00 </div>	

For information about Home Delivered Meals call 509-826-7979.

You can visit our website at [www.octn.org](http://www.octn.org) and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





# WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS  
24 HOURS IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 BBQ Chicken Rice Pilaf Broccoli Normandy Spring Salad Strawberry Shortcake	3 Salmon with Dill Sauce Basil & Garlic Pasta Venetian Blend Veggies Spinach Salad Mandarin Oranges Dessert	4 Pork Roast Herbed Potato Bake Tomato Lettuce Salad Pineapple WW Roll Oatmeal Cookie	5 Swiss Steak Steamed Rice Green Beans Spiced Salad Banana French Bread Dessert
8	9 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	10 Cabbage Patch Stew Macaroni Salad Cucumber Salad Tropical Fruit WW Roll Dessert	11 Baked Ham Au Gratin Potatoes Peas & Carrots Applesauce WW Roll Rice Krispy Treat	12 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert
15	16 Biscuits & Sausage Gravy Potatoes O'Brien V-8 Juice Chilled Pears Dessert	17 Chicken Salad Croissant Broccoli Salad Grapes Dessert	18 Ham & Cheese Quiche Garden Salad Crunchy Pea Salad Fresh Fruit Tray Blueberry Muffin	19 Pork Stir Fry Steamed Rice Asian Slaw Mandarin Oranges Egg Roll Dessert
22	23 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	24 Hawaiian Chicken Wild Rice Blend Asian Vegetables Coleslaw Tropical Fruit WW Roll Dessert	25 Bratwurst & Sauerkraut Roasted Potatoes Pea Salad Waldorf Salad Dessert	26 Hamburger Steak with Grilled Onions Mashed Potatoes/Gravy Green Beans Garden Salad WW Bread or Roll Berry Crisp
29 CLOSED 	30 Country Fried Steak Mashed Potatoes/Gravy Key West Vegetables WW Roll Cherry Crisp	31 Chili Stuffed Potato Green Salad Corn Bread Strawberry Shortcake	<div> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>	

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