







Davenport Senior Meals February 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Seniors Age 60 & over—suggested donation \$4.00</p> <p>Under age 60—\$8.50 FEE</p> <p>Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979</p>				
3	4 Ham & Scalloped Potato Casserole Green Beans Carrot Raisin Salad Spiced Apples Herb Bread Cereal Bars	5	6 Dijon Chicken Breast Garlic Pasta California Vegetables Greek Salad Focaccia Bread Apple Cobbler	7 Beef Enchiladas Spanish Rice Refried Beans Mexican Style Slaw Mixed Fruit Dessert
10	11 Southern Pork Pot Roast Mashed Potatoes Spinach Salad Chilled Pears WW Roll Dessert		13 Quiche Lorraine Glazed Carrots 49'er Chopped Salad Mixed Grapes Blueberry Muffin	14 Cheese Ravioli with Meat Sauce Caesar Salad Apricots Garlic Bread Ice Cream Sundaes 
	18 BBQ Country Ribs Macaroni & Cheese Peas & Mushrooms Coleslaw Pineapple Tidbits WW Roll Dessert	19	20 Chicken Parmesan Pasta Marinara Normandy Vegetables WW Bread or Roll Cherry Crisp	21 Cheeseburger Pie Green Beans Tossed Veggie Salad Fruit Cocktail French Bread Dessert
24	25 Chicken Salad Croissant Garden Veggie Soup Three Bean Salad Fresh Fruit Tray Dessert		27 Salmon Patties Wild Rice Mediterranean Veggies Spinach Salad Oregon Berries Onion Bread Dessert	28 Corned Beef & Cabbage Oven Brownd Potatoes Carrots Lyonnaise Tropical Fruit WW Bread or Roll Dessert



Harrington Senior Meals February 2020



Monday

Tuesday

Wednesday

Thursday

Friday

**CALL 509-725-7055
24 HOURS IN ADVANCE TO
RESERVE OR CANCEL**



3



4

Ham & Scalloped Potato
Casserole
Green Beans
Carrot Raisin Salad
Spiced Apples
Herb Bread
Cereal Bars

5

6

Dijon Chicken Breast
Garlic Pasta
California Vegetables
Greek Salad
Focaccia Bread
Apple Cobbler

7

Beef Enchiladas
Spanish Rice
Refried Beans
Mexican Style
Slaw
Mixed Fruit
Dessert

10

11

Southern Pork Pot Roast
Mashed Potatoes
Spinach Salad
Chilled Pears
WW Roll
Dessert

12

13

Quiche Lorraine
Glazed Carrots
49'er Chopped Salad
Mixed Grapes
Blueberry Muffin

14

Cheese Ravioli
with Meat Sauce
Caesar Salad
Apricots
Garlic Bread
Ice Cream Sun-
daes

17



President's Day

18

BBQ Country Ribs
Macaroni & Cheese
Peas & Mushrooms
Coleslaw
Pineapple Tidbits
WW Roll
Dessert

19



20

Chicken Parmesan
Pasta Marinara
Normandy Vegetables
WW Bread or Roll
Cherry Crisp

21

Cheeseburger Pie
Green Beans
Tossed Veggie
Salad
Fruit Cocktail
French Bread
Dessert

24

25

Chicken Salad Croissant
Garden Veggie Soup
Three Bean Salad
Fresh Fruit Tray
Dessert

26

27

Salmon Patties
Wild Rice
Mediterranean Veg-
gies
Spinach Salad
Oregon Berries
Onion Bread
Dessert

28

Corned Beef &
Cabbage
Oven Browned
Potatoes

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Odessa Senior Meals February 2020



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Under age 60—\$8.50 FEE

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<p>3 Beef Tacos Spanish Rice Mexi Corn Applesauce Dessert</p>	<p>4</p> <div style="text-align: center;">  </div>	<p>5 BBQ Country Ribs Sweet Potato Fries Pasta Salad Carrot Raisin Salad Apple Crisp</p>	<p>6 Chicken Parmesan Pasta Marinara Steamed Broccoli 7 Layer Salad Apricots WW Roll Dessert</p>	<p>7</p>
<p>10 Country Fried Steak Mashed Potatoes Trio Vegetables Garden Salad Chilled Pears WW Roll Dessert</p>	<p>11</p>	<p>12 Stuffed Cabbage Rolls Roasted Red Potatoes Tossed Salad Strawberries & Bananas WW Bread or Roll Dessert</p>	<p>13 Ham Steak Scalloped Potatoes Spinach Salad Citrus Salad WW Roll Rice Pudding</p>	<p>14</p> <div style="text-align: right;">  </div>
<p>17</p> <div style="text-align: center;">  </div>	<p>18</p>	<p>19 Navy Bean Soup 1/2 Turkey Sandwich Crunchy Pea Salad Tossed Green Salad Peaches Cereal Bars</p>	<p>20 Cheeseburger Pie Peas & Carrots Tossed Vegetable Salad Fruit Cocktail French Bread Dessert</p>	<p>21</p>
<p>24 Beef Stew Spinach Salad Banana Biscuit Rice Krispy Bars</p>	<p>25</p> <div style="text-align: center;">  </div>	<p>26 Pizza-supreme style Caesar Salad Fruit Salad Garlic Bread Dessert</p>	<p>27 Pepper Steak Rice Garden Salad Mandarin Oranges WW Bread Dessert</p>	<p>28</p>



Wilbur Senior Meals

February 2020



Monday	Tuesday	Wednesday	Thursday	Friday
				
3	4 BBQ Chicken Mac & Cheese Broccoli Normandy Spiced Salad Muffin Apple Crisp	5 Lemon Baked Fish Wild Rice Brussels Sprouts Green Salad Oregon Berries WW Roll Dessert	6 Hot Turkey Sandwich Mashed Potatoes Spinach Spring Salad Cranberry Salad Pumpkin Pie	7 
10	11 Hamburger Steak with Grilled Onions Twice Bake Potatoes Country Trio Veggies WW Bread Berry Crisp	12 Fish & Chips Cabbage Apple Slaw Fruit Cocktail WW Roll Cereal Bars	13 Pork Chops Potatoes & Gravy Peas & Carrots Green Salad Waldorf Salad WW Roll Dessert	14 
17  President's Day	18 Bacon & Egg Salad Sandwich Vegetable Soup Caesar Salad Citrus Salad Dessert	19 Ham Steak Scalloped Potatoes Spinach Salad Mandarin Oranges WW Roll Rice Pudding	20 Country Fried Steak Mashed Potatoes Trio Vegetables Garden Salad Chilled Pears WW Roll Dessert	21
24	25 Chicken Burger Deluxe Sweet Potato Fries Three Bean Salad Tropical Fruit Dessert	26 Meatloaf Potatoes & Gravy Green Beans Carrot Raisin Salad Apple Celery Salad WW Roll Dessert	27 Navy Bean & Ham Soup 1/2 Turkey Sandwich Crunchy Pea Salad Tossed Green Salad Peaches Cereal Bars	28 

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