

### BREWSTER - BRIDGEPORT—PATEROS

# PLEASE CALL 509-689-2815 TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for FEE for persons under	or seniors over age 60 is \$4.00 age 60 is \$10.00	OCTN MISSION NUTRITION!  Established 1975		1 Lemon Pepper Fish Roasted Red Potatoes Country Trio Veggies Coleslaw Peaches Garlic Bread Dessert
4	5 Hearty Turkey Noodle Soup Tossed Salad Fresh Fruit Tray Mozzarella Bread Stick Dessert	6 Lasagna Key West Veggies Caesar Salad Pears Garlic Bread Dessert	7	8 Chicken Paprika Broccoli Mixed Greens Salad Chilled Peaches Dessert
11	12 Baked Chicken Wild Rice Glazed Carrots Broccoli Salad Fruit Cocktail WW Roll Dessert	13 Harvest Stew Coleslaw Peaches Mozzarella Breadstick Monster Cookies	14	15 Country Fried Steak Mashed Potatoes/Gravy Green Beans Tossed Salad Fruit Cocktail WW Roll Dessert
18	19 BBQ Meatballs Mac & Cheese Italian Vegetables Caesar Salad Chilled Pears Dessert	20 Roast Beef Baked Potato & Trimmings Green Bean Casserole 7 Layer Salad Fruit Ambrosia WW Roll Special Dessert	21	22 CLOSED
25 CLOSED  Merry  Christmas	26 Tuna Noodle Casserole Peas & Carrots Garden Salad Tropical Fruit Dessert	27 Garden Chili String Cheese Cucumber Salad Tortilla Chips Cheesy Biscuit Apple Crisp	28	29
You can <i>visit our web</i>	t Home Delivered Meals call site at www.octn.org and folkilled to: OCTN P.O. Box 471 Ok	ow us on Facebook!	******	* * * * *



### **CHELAN**

# PLEASE CALL 509-888-4440 TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for s FEE for persons under ag	eniors over age 60 is \$4.00 e 60 is \$10.00	OCTN MISSION NOTRITION!  Established 1975		1 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert
4 Chicken Enchiladas Spanish Rice Baja Vegetables Fresh Salsa Mandarin Oranges Dessert	5 Pork Chops Mashed Potatoes Roasted Carrots Garden Salad Applesauce Corn Bread Dessert	6 Country Fried Steak Mashed Potatoes Green Beans Tossed Salad Fruit Cocktail WW Roll Dessert	7 Lasagna Key West Veggies Caesar Salad Pears Garlic Bread Dessert	8 Turkey Sandwich Clam Chowder Cucumber Salad Tropical Fruit Dessert
11 Mac & Cheese w/Bacon Peas & Carrots Tossed Green Salad Mixed Berries Angel Food Cake	12 French Dip Sandwich Jo Jo's Garden Salad Peaches Dessert	13 Stuffed Cabbage Rolls Seven Layer Salad Mozzarella Breadsticks Apricot Crisp	14 Chicken Fettuccine Italian Vegetables Spinach Salad Dessert	15 BBQ Meatballs Mac & Cheese Green Beans Caesar Salad Fruit Cocktail Dessert
18 Baked Ham Scalloped Potatoes Chopped Salad Pineapple & Cherries WW Roll Rice Krispies Treats	19 Chicken Lo Mein Asian Style Slaw Mandarin Oranges Egg Roll Dessert	20 Taco Soup Tossed Green Salad Peaches Corn Chips Mozzarella Breadsticks Dessert	21 Chicken & Rice Bake California Veggies Greek Salad Applesauce Garlic Bread Dessert	22 CLOSED
25 CLOSED  Merry  Christmas	26 Garden Chili String Cheese Cucumber Salad Tortilla Chips Apple Crisp	27 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	28 Orange Glazed Chicken Rice Stir Fry Veggies Asian Style Slaw Chilled Pineapple Egg Roll Dessert	29 Chicken Burger Deluxe Potato Salad Three Bean Salad Chilled Pears Dessert

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### DAVENPORT

# PLEASE CALL 509-725-7055 TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for FEE for persons under a	seniors over age 60 is \$4.00 ge 60 is \$10.00	OCTN MISSION NUTRITION!  Established 1975		1
4	5 Chicken Enchiladas Spanish Rice Baja Veggie Blend Fresh Salsa Mandarin Oranges Dessert	6 Stuffed Cabbage Rolls 7 Layer Salad Apricots Mozzarella Breadsticks Dessert	7 Baked Ham Scalloped Potatoes Chopped Salad Pineapple & Cherries WW Roll Rice Krispies Treats	8
11	12 Mac & Cheese with Bacon Peas & Carrots Tossed Green Salad Mixed Berries Angel Food Cake	13 Harvest Stew Coleslaw Peaches Mozzarella Breadstick Monster Cookies	14 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Cucumber Salad Tropical Fruit Dessert	15
18	19 Ham & Cheese Quiche Steamed Broccoli 7 Layer Salad Orange Quarters Blueberry Muffin	20 Pork Chow Mein Stir Fry Vegetables Asian Slaw Mandarin Oranges Egg Roll Desser	21 Roast Beef Baked Potato Green Bean Casserole Garden Salad Fruit Ambrosia WW Roll Special Dessert	22 CLOSED
25 CLOSED  Merry  Christmas	26 Clam Chowder Turkey Sandwich Cucumber Salad Tropical Fruit Dessert	27 Country Fried Steak Mashed Potatoes / Gravy Green Beans Tossed Veggie Salad Fruit Cocktail WW Roll Dessert	28 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	29

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### **ENTIAT**

# PLEASE CALL 509-888-4440 TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for se	niors over age 60 is \$4.00 60 is \$10.00	OCTN MISSION NUTRITION!  Established 1975		1
4 Chicken Enchiladas Spanish Rice Baja Vegetables Fresh Salsa Mandarin Oranges Dessert	5	6	7 Lasagna Key West Veggies Caesar Salad Pears Garlic Bread Dessert	8
11 Mac & Cheese w/Bacon Peas & Carrots Tossed Green Salad Mixed Berries Angel Food Cake	12	13	14 Chicken Fettuccine Italian Vegetables Spinach Salad Dessert	15
18 Baked Ham Scalloped Potatoes Chopped Salad Pineapple & Cherries WW Roll Rice Krispies Treats	19	20	21 Chicken & Rice Bake California Veggies Greek Salad Applesauce Garlic Bread Dessert	22 CLOSED
25 CLOSED  Merry  Christmas	26	27	Orange Glazed Chicken Rice Stir Fry Veggies Asian Style Slaw Chilled Pineapple Egg Roll Dessert	29

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# LEAVENWORTH/CASHMERE HOME DELIVERED

#### PLEASE CALL 509-888-4440 TO RESERVE MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for se	niors over age 60 is \$4.00 60 is \$10.00	OCTN MISSION NUTRITION!  Established 1975		1 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert
4 Chicken Enchiladas Spanish Rice Baja Vegetables Fresh Salsa Mandarin Oranges Dessert	5	6 Country Fried Steak Mashed Potatoes Green Beans Tossed Salad Fruit Cocktail WW Roll Dessert	7	8 Turkey Sandwich Clam Chowder Cucumber Salad Tropical Fruit Dessert
11 Mac & Cheese w/Bacon Peas & Carrots Tossed Green Salad Mixed Berries Angel Food Cake	12	13 Stuffed Cabbage Rolls Seven Layer Salad Mozzarella Breadsticks Apricot Crisp	14	15 BBQ Meatballs Mac & Cheese Green Beans Caesar Salad Fruit Cocktail Dessert
18 Baked Ham Scalloped Potatoes Chopped Salad Pineapple & Cherries WW Roll Rice Krispies Treats	19	20 Taco Soup Tossed Green Salad Peaches Corn Chips Mozzarella Breadsticks Dessert	21	22 CLOSED
25 CLOSED  Merry  Christmas	26	27 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	28	29 Chicken Burger Deluxe Potato Salad Three Bean Salad Chilled Pears Dessert

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#### **ODESSA**

#### PLEASE CALL 509-982-2654 TO RESERVE MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for senion FEE for persons under age 60		OCTN MISSION NUTRITION!  Established 1975		1
4 Harvest Stew Coleslaw Peaches Mozzarella Breadsticks Oatmeal Cookies	5	6 Pork Chops Roasted Potatoes and Carrots Garden Salad Corn Bread Pear Crisp	7 Chef's Salad Potato Soup Cinnamon Applesauce WW Roll Cereal Bars	8
11 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Dessert	12	13 Chicken Lo Mein Asian Style Slaw Mandarin Oranges Egg Roll Dessert	14 Swiss Steak Mashed Potatoes & Gravy California Vegetables Chopped Salad Fruit Salad Biscuit Dessert	15
18 Clam Chowder Turkey Sandwich Cucumber Salad Plums Dessert	19	20 Chicken & Rice Bake California Veggies Greek Salad Apricots Garlic Bread Dessert	21 Baked Ham Potato Casserole Green Bean Casserole Cranberry Salad WW Roll Special Dessert	22 CLOSED
25 CLOSED  Merry  Christmas	26	27 Roast Beef Baked Potato Beets Tossed Salad Banana WW Roll Dessert	28 Chicken Burger Deluxe with Swiss Cheese & Bacon Potato Salad Three Bean Salad Peaches Dessert	29

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### OKANOGAN / OMAK

# PLEASE CALL 422-6776 OR 826-4741 TO RESERVE MEALS 24 HOURS IN ADVANCE

OKANOGAN	OMAK	OKANOGAN	OKANOGAN—9am	OMAK
Suggested donation for ser FEE for persons under age		OCTN MISSION NUTRITION!  Established 1975		1 Clam Chowder Turkey Sandwich Cucumber Salad Tropical Fruit Blend Dessert
4 Chicken Enchiladas Spanish Rice Baja Vegetable Blend Fresh Salsa Mandarin Oranges Dessert	5 Meatloaf Mashed Potatoes/Gravy Green Beans Garden Salad WW Roll Fruited Jell-o	6 Salmon with Dill Sauce Spinach Pie (Spanikopita) Cuke / Tomato Salad Grapes French Bread Dessert	7 Breakfast Sandwich (Egg, Ham & Cheese) Oven Brown Potatoes Fresh Fruit Juice  No Home Delivery	8 Pork Lo Mein Asian Style Slaw Mandarin Oranges Egg Roll Fortune Cookie
11 Stuffed Cabbage Rolls 7 Layer Salad Mozzarella Breadsticks Apricot Crisp	12 Baked Ham Scalloped Potatoes Chopped Salad Pineapple & Cherries WW Roll Rice Krispy Treats	13 Beef Stroganoff Key West Veggies Caesar Salad Pears Garlic Bread Dessert	14 Scrambled Eggs Bacon Hash Browns Juice Fresh Fruit Blueberry Muffin No Home Delivery	15 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert
18 Macaroni & Cheese / Bacon Peas & Carrots Tossed Green Salad Mixed Berries Dessert	19 Roast Beef Baked Potato Green Bean Casserole 7 Layer Salad Fruit Ambrosia WW Roll Special Dessert	20 Chicken Cordon Bleu Rice Pilaf Venetian Veggies Spinach Salad Cherries & Pineapple WW Roll Dessert	21 Breakfast Casserole Hash Browns Strawberries & Bananas Juice Muffin  No Home Delivery	22 CLOSED
25 CLOSED PROPERTY OF THE PROP	26 French Dip Sandwich Jo Jo's Garden Salad Peaches Dessert	27 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	28 Biscuits & Sausage Gravy Oven Brown Potatoes Stewed Tomatoes Orange Quarters Muffin  No Home Delivery	29 Roast Turkey / Gravy Stuffing Green Bean Casserole Cranberry Salad Waldorf Salad Dessert

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### **OROVILLE**

#### PLEASE CALL 476-2412

#### TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for se	niors over age 60 is \$4.00 60 is \$10.00	OCTN MISSION NUTRITION!  Established 1975		1 Harvest Stew Coleslaw Peaches Mozzarella Breadstick Monster Cookies
4 Lasagna Key West Veggies Caesar Salad Pears Garlic Bread Dessert	5 Pork Chow Mein Stir Fry Vegetables Asian Slaw Mandarin Oranges Egg Roll Dessert	6	7 Salisbury Steak Mashed Potatoes / Gravy Trio Vegetables Carrot Raisin Salad WW Roll Fruit Cobbler	8 Clam Chowder Turkey Sandwich Cucumber Salad Tropical Fruit Dessert
11 Ham & Cheese Quiche Steamed Broccoli Garden Salad Orange Quarters Blueberry Muffin	12 Pork Chops Mashed Potatoes & Gravy Roasted Carrots Spinach Salad Applesauce Corn Bread Dessert	13	14 Turkey & Cheese Sandwich Corn Chowder Tossed Salad Fresh Fruit Tray Dessert	15 Lemon Pepper Fish Wild Rice Oriental Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert
18 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	19 Chef's Salad Potato Soup Cinnamon Applesauce WW Roll Cereal Bar	20	21 Roast Beef Baked Potato Green Bean Casserole 7 Layer Salad Fruit Ambrosia WW Roll Special Dessert	22 CLOSED
25 CLOSED  Merry  Christmas	26 Sloppy Joe Sandwich Potato Wedges Coleslaw Apricots Dessert	27	28 Chicken & Rice Bake California Veggies Greek Salad Applesauce Garlic Bread Dessert	29 Meatloaf Mashed Potatoes/Gravy Green Beans Garden Salad WW Roll Peach Crisp

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### **TONASKET**

### PLEASE CALL 486-2483

#### TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for s FEE for persons under ag	eniors over age 60 is \$4.00 e 60 is \$10.00	OCTN MISSION NUTRITION!  Established 1975		1 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Peaches Garlic Bread Dessert
4 Taco Soup Tortilla Chips Tossed Green Salad Apple Wedges Mozzarella Breadsticks Dessert	5 Pork Chow Mein Stir Fry Vegetables Asian Slaw Mandarin Oranges Egg Roll Dessert	6 Chicken Cacciatore Shell Pasta Italian Vegetables Grapes Bread Stick Dessert	7 Breakfast Casserole Mixed Greens Salad Juice Pancakes Muffin	8 Bacon Swiss Cheeseburger Sweet Potato Waffle Fries Three Bean Salad Sliced Pears Dessert
11 Baked Chicken Wild Rice Glazed Carrots Broccoli Salad Fruit Cocktail WW Roll Dessert	12 Hearty Turkey Noodle Soup Tossed Salad Fresh Fruit Tray Mozzarella Bread Stick Dessert	13 Spaghetti & Meat Sauce Caesar Sala Sliced Peaches Garlic Bread Dessert	14 Beef Taco Pie Spanish Rice Garden Salad Spiced Apples Dessert	15 Roast Beef Baked Potato Green Bean Casserole 7 Layer Salad Fruit Ambrosia WW Roll Dessert
18 French Dip Sandwich Jo Jo's Garden Salad Peaches Dessert	19 Chef's Salad Potato Soup Cinnamon Applesauce WW Roll Cereal Bars	20 Orange Glazed Chicken Rice Stir Fry Vegetables Asian Style Slaw Chilled Pineapple Egg Roll Dessert	21 Roast Turkey Stuffing & Gravy Green Bean Casserole Cranberry Salad Waldorf Salad Pumpkin Pie	22 CLOSED
25 CLOSED  Merry  Christmas	26 Pork Chops Mashed Potatoes / Gravy Roasted Carrots Garden Salad Applesauce Corn Bread Dessert	27 Baked Ham Scalloped Potatoes Chopped Salad Pineapple & Cherries WW Roll Rice Krispies Treats	28 Salisbury Steak Mashed Potatoes / Gravy Trop Vegetables Carrot Raisin Salad WW Roll Fruit Cobbler	29 Clam Chowder Turkey Sandwich Cucumber Salad Tropical Fruit Dessert

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### **TWISP**

# PLEASE CALL 509-997-7722 TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for se FEE for persons under age		OCTN MISSION NUTRITION!  Established 1975		1 Baked Fish Roasted Red Potatoes Trio Veggies Coleslaw Chilled Peaches Garlic Bread Dessert
4 Ham & Cheese Sandwich Corn Chowder Fresh Fruit Tray Dessert	5	6	7 Meatloaf & Gravy Mashed Potatoes Green Beans Garden Salad WW Bread or Roll Fruited Jell-O	8 Chef's Salad Potato Soup Cinnamon Applesauce WW Roll Cereal Bars
11 Chicken Cordon Bleu Rice Pilaf Venetian Veggies Spinach Salad Cherries & Pineapple WW Bread or Roll Dessert	12	13	14 Sloppy Joe Sandwich Potato Wedges Coleslaw Apricots Dessert	15 Baked Chicken Wild Rice Glazed Carrots Broccoli Salad Fruit Cocktail WW Roll Dessert
18 Mac & Cheese with Bacon Peas & Carrots Tossed Green Salad Mixed Berries Dessert	19	20	21 Roast Beef Baked Potato Green Bean Casserole 7 Layer Salad Fruit Ambrosia Dinner Roll Special Dessert	22 CLOSED
25 CLOSED  Merry  Christmas	26	27	28 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	29 Chicken Enchiladas Spanish Rice Cucumber Salad Grapes Dessert

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### **WILBUR**

# PLEASE CALL 509-647-5503 TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

MONDAY	TUESDAY	WEDINESDAY	INUKSDAY	FKIDAY
Suggested donation for FEE for persons under	or seniors over age 60 is \$4.00 age 60 is \$10.00	OCTN MISSION NUTRITION!  Established 1975		1 Stuffed Cabbage Rolls 7 Layer Salad Mozzarella Breadsticks Apricot Crisp
4	5 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Angel Food Cake	6 Clam Chowder Turkey Sandwich Deluxe Cucumber Salad Tropical Fruit Dessert	7 Salisbury Steak Mashed Potatoes / Gravy Trio Vegetables Carrot Raisin Salad WW Roll Fruit Cobbler	8 Chicken Cordon Bleu Rice Pilaf Venetian Veggies Spinach Salad Cherries & Pineapple WW Roll Dessert
11	Pork Chow Mein Stir Fry Vegetables Asian Style Slaw Mandarin Oranges Egg Roll Dessert	13 Roast Turkey Stuffing & Gravy Green Bean Casserole Cranberry Salad Waldorf Salad Pumpkin Pie	14 Chef's Salad Potato Soup Cinnamon Applesauce WW Roll Cereal Bar	15 Country Fried Steak Mashed Potatoes/Gravy Green Beans Tossed Salad Fruit Cocktail WW Roll Dessert
18	19 Hearty Turkey Noodle Soup Mozzarella Bread Sticks Tossed Salad Fresh Fruit Tray Dessert	20 BBQ Meatballs Mac & Cheese Italian Vegetables Caesar Salad Fruit Cocktail Dessert	21 Baked Ham Scalloped Potatoes Chopped Salad WW Roll Special Dessert	22 CLOSED
25 CLOSED  Merry  Christmas	26 Meatloaf Mashed Potatoes / Gravy Green Beans Garden Salad WW Roll Fruited Jell-O	27 Chicken Burger Deluxe Potato Salad Three Bean Salad Chilled Peaches Dessert	28 Spaghetti & Meat Sauce Caesar Salad Sliced Pears Garlic Bread Dessert	29 French Dip Sandwich Jo Jo's Garden Salad Apple Slices Dessert
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