



# CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS  
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Dessert</p>	<p>3 Pizza Supreme Spinach Salad Waldorf Salad Dessert</p>	<p>4 Hamburger Steak with Grilled Onions Potatoes &amp; Gravy Green Beans Garden Salad Berry Crisp</p>	<p>5 Brats &amp; Sauerkraut Roasted Potatoes Capri Vegetables Fresh Fruit WW Roll Dessert</p>	<p>6 Veggie Lasagna Caesar Salad Apricots Focaccia Bread Dessert</p>
<p>9 Chicken Tetrzzini Italian Vegetables Caesar Salad Grapes Dessert</p>	<p>10 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert</p>	<p>11 Salmon in Dill Sauce Basil &amp; Garlic Pasta Venetian Blend Veggies Spinach Salad Citrus Salad Dessert</p>	<p>12 Beef Taco Pie Southwest Salad Pears WW Roll Dessert</p>	<p>13 Hawaiian Chicken Wild Rice Blend Asian Vegetables Coleslaw Tropical Fruit WW Roll Dessert</p>
<p>16 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Pineapple &amp; Cherries Dessert</p>	<p>17 Chicken Stir Fry Asian Slaw Mandarin Oranges Egg Roll Dessert</p>	<p>18 Ham Au Gratin Potatoes Peas &amp; Carrots Applesauce WW Roll Rice Krispy Treats</p>	<p>19 Biscuits and Sausage Gravy Potatoes O'Brien V-8 Juice Chilled Pears Dessert</p>	<p>20 Beef Taco's Spanish Rice Coleslaw Fruit Cup Dessert</p>
<p>23 Country Fried Steak Potatoes &amp; Gravy Green Beans WW Roll Cherry Crisp</p>	<p>24 Orange Glazed Chicken Rice Asian Vegetables Coleslaw Chilled Pineapple Egg Roll Dessert</p>	<p>25 Bacon &amp; Egg Salad Sand- wich on Croissant Spinach Salad Citrus Salad Dessert</p>	<p>26 Kielbasa with Peppers &amp; Onions Roasted Potatoes Cucumber Salad Apple Slices Cornbread Cereal Bar</p>	<p>27 BBQ Chicken Macaroni Salad Herbed Cauliflower Spring Salad Strawberry Shortcake</p>
<p>30 CLOSED</p> 	<p>31 Chicken Burger Deluxe with Bacon &amp; Swiss Cheese Jo Jo's Coleslaw Mixed Berries Dessert</p>		<p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p>	

For information about Home Delivered Meals call 509-470-0522.

You can visit our website at [www.octn.org](http://www.octn.org) and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





# ENTIAT

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24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Dessert	3	4	5 Brats & Sauerkraut Roasted Potatoes Capri Vegetables Fresh Fruit WW Roll Dessert	6
9 Chicken Tetrazzini Italian Vegetables Caesar Salad Grapes Dessert	10	11	12 Beef Taco Pie Southwest Salad Pears WW Roll Dessert	13
16 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Pineapple & Cherries Dessert	17	18	19 Biscuits and Sausage Gravy Potatoes O'Brien V-8 Juice Chilled Pears Dessert	20
23 Country Fried Steak Potatoes & Gravy Green Beans WW Roll Cherry Crisp	24	25	26 Kielbasa with Peppers & Onions Roasted Potatoes Cucumber Salad Apple Slices Cornbread Cereal Bar	27
30 CLOSED 	31		Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00	

For information about Home Delivered Meals call 844-826-7979.  
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# LEAVENWORTH/CASHMERE HOME DELIVERED

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24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Dessert	3	4 Hamburger Steak with Grilled Onions Potatoes & Gravy Green Beans Garden Salad Berry Crisp	5	6 Veggie Lasagna Caesar Salad Apricots Focaccia Bread Dessert
9 Chicken Tetraxini Italian Vegetables Caesar Salad Grapes Dessert	10	11 Salmon in Dill Sauce Basil & Garlic Pasta Venetian Blend Veggies Spinach Salad Citrus Salad Dessert	12	13 Hawaiian Chicken Wild Rice Blend Asian Vegetables Coleslaw Tropical Fruit WW Roll Dessert
16 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Pineapple & Cherries Dessert	17	18 Ham Au Gratin Potatoes Peas & Carrots Applesauce WW Roll Rice Krispy Treats	19	20 Beef Taco's Spanish Rice Coleslaw Fruit Cup Dessert
23 Country Fried Steak Potatoes & Gravy Green Beans WW Roll Cherry Crisp	24	25 Bacon & Egg Salad Sand- wich on Croissant Spinach Salad Citrus Salad Dessert	26	27 BBQ Chicken Macaroni Salad Herbed Cauliflower Spring Salad Strawberry Shortcake
30 CLOSED 	31	 Established 1975	Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00	

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# ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS  
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Taco Soup Mixed Greens Salad Mexican Coleslaw Corn Chips Sopapilla Cheesecake	3	4 BBQ Chicken Macaroni Salad Herbed Cauliflower Spring Salad Strawberry Shortcake	5 Bratwurst & Sauerkraut Roasted Potatoes Capri Vegetables Waldorf Salad WW Roll Dessert	6
9 Tuna Salad Croissant Cottage Cheese Broccoli Salad Grapes Dessert	1	11 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	12 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert	13
16 Biscuits & Sausage Gravy Potatoes O'Brien V-8 Juice Chilled Plums Dessert	17	18 Spaghetti & Meatballs Green Salad Applesauce Garlic Bread Dessert	19 Orange Glazed Chicken Rice Asian Vegetables Coleslaw Chilled Pineapple Egg Roll Dessert	20
23 Chicken Burger Deluxe with Bacon & Swiss Cheese Jo Jo's Coleslaw Mixed Berries Dessert	24	25 Chili & Cheese 1/2 Baked Potato Green Salad Corn Bread Strawberry Shortcake	26 Ham & Potato Casserole Peas & Carrots Garden Salad Fruit Tray Muffin Dessert	27
30  <b>MEMORIAL DAY</b>	31	 Established 1975	<p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p>	

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# OKANOGAN / OMAK

PLEASE CALL 422-6776 OR 826-4741

TO RESERVE MEALS 24 HOURS IN ADVANCE

Okanogan	Omak	Okanogan	Closed	Omak
2 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	3 Taco Soup Corn Chips Mexican Style Slaw Apple Wedges Dessert	4 Spinach Lasagna Caesar Salad Apricots Garlic Bread Dessert	5	6 Salmon with Dill Sauce Wild Rice Venetian Blend Veggies Spring Salad Orange Quarters WW Roll Dessert
9 Pork Roast Herbed Potato Bake Tomato & Lettuce Salad Pineapple WW Roll Oatmeal Cookie	10 Hamburger Steak with Grilled Onions Mashed Potatoes Green Beans Garden Salad Berry Crisp	11 Pepper Steak Rice Caesar Salad Cinnamon Pears WW Roll Dessert	12	13 Biscuits & Gravy Potatoes O'Brien V-8 Juice Chilled Plums Dessert
16 Country Fried Steak Mashed Potatoes/Gravy Green Beans WW Roll Cherry Crisp	17 Bratwurst & Sauerkraut Roasted Potatoes Tossed Salad Waldorf Salad Dessert	18 Orange Glazed Chicken Rice Asian Vegetables Coleslaw Chilled Pineapple Egg Roll Dessert	19	20 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Tropical Fruit Dessert
23 BBQ Chicken Macaroni Salad Green Beans Spring Salad Strawberry Shortcake	24 Meatloaf Mashed Potatoes & Gravy Broccoli Normandy Garden Salad WW Roll Fruited Jell-O	25 Yakisoba (Beef & Noodles) Stir Fry Veggies Asian Style Slaw Mandarin Oranges Garlic Bread Dessert	26	27 Chicken Burger Deluxe with Bacon & Swiss Cheese Jo Jo's Pea Salad Mixed Berries Dessert
30  MEMORIAL DAY	31 Chicken Stir Fry & Rice Spiced Salad Tropical Fruit Egg Roll Dessert	 Established 1975	<p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p>	

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# OROVILLE / TONASKET

PLEASE CALL 476-2412 OR 486-2483

TO RESERVE MEALS 24 HOURS IN ADVANCE

TONASKET	OROVILLE	TONASKET	OROVILLE/TONASKET	OROVILLE
2 Swiss Steak/Tomato Sauce Steamed Rice Green Beans Spiced Salad Banana French Bread Dessert	3 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Salad Focaccia Bread Dessert	4 Ham Au Gratin Potatoes Peas & Carrots Applesauce WW Roll Dessert	5 Taco Soup Corn Chips Mixed Greens Salad Tropical Fruit Sopapilla Cheesecake	6 Chicken Stir Fry Steamed Rice Asian Style Slaw Mandarin Oranges Egg Roll Dessert
9 Pork Roast Stuffing & Gravy Buttered Peas Tomato Lettuce Salad Apple Wedges Dessert	10 Cabbage Patch Stew Pasta Salad V-8 Juice Tropical Fruit WW Roll Dessert	11 Biscuits & Gravy Potatoes O'Brien Stewed Tomatoes Fruit Juice Dessert	12 Salmon with Dill Sauce Basil & Garlic Pasta Venetian Blend Veg Spinach Salad Orange Quarters Dessert	13 Beef Taco Pie Southwest Salad Pears Dessert
16 Hawaiian Chicken Wild Rice Blend Asian Vegetables Coleslaw Tropical Fruit WW Roll Dessert	17 Supreme Style Pizza Garden Salad Orange Quarters Dessert	18 Bacon & Egg Salad on a Croissant Sliced Cucumbers Spinach Salad Fruit Salad Dessert	19 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert	20 Bratwurst & Sauerkraut Roasted Potatoes Capri Vegetables Waldorf Salad WW Bun or Roll Dessert
23 Hamburger Steak Mashed Potatoes/Gravy Green Beans Garden Salad WW Roll Apple Crisp	24 Chicken Burger Deluxe with Bacon & Swiss Cheese Jo Jo's Coleslaw Mixed Berries Dessert	25 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	26 Shepherd's Pie Cucumber Salad Apricots WW Roll Rice Krispy Treats	27 Tuna Noodle Casserole Peas & Carrots Green Salad Fruit Salad Dessert
30 CLOSED 	31 Chicken Tetrazzini Italian Vegetables Caesar Salad Grapes Dessert		<p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p>	

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# TWISP

PLEASE CALL 509-997-7722 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert	3 Biscuits & Gravy Potatoes O'Brien V-8 Juice Chilled Plums Dessert	4	5 Hamburger Steak with Grilled Onions Mashed Potatoes Green Beans Garden Salad Berry Crisp	6 Salmon w/Dill Sauce Garlic Basil Pasta Venetian Veggie Blend Spinach Salad Fruit Salad Dessert
9 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	10 Brats & Sauerkraut Roasted Potatoes Capri Vegetables Waldorf Salad Dessert	11	12 California Chicken Casserole Tossed Green Salad Bread Sticks Cherry Crisp	13 Tuna Salad on Croissant Cottage Cheese Broccoli Salad Grapes Dessert
16 Spinach Lasagna Caesar Salad Apricots Garlic Bread Dessert	17 Beef Taco Pie Southwest Salad Pears WW Roll Dessert	18	19 Hawaiian Chicken Wild Rice Blend Asian Vegetables Coleslaw Tropical Fruit WW Roll Dessert	20 Pork Roast Herbed Potato Bake Lettuce & Tomato Salad Pineapple WW Roll Oatmeal Cookie
23 Meatloaf & Gravy Mashed Potatoes Broccoli Normandy Garden Salad WW Bread or Roll Dessert	24 Pepper Steak over Rice Caesar Salad Cinnamon Pears WW Roll Dessert	25	26 BBQ Chicken Macaroni Salad Herbed Cauliflower Spring Salad Strawberry Shortcake	27 Ham & Cheese Quiche Garden Salad Crunchy Pea Salad Fresh Fruit Tray Blueberry Muffin
30  MEMORIAL DAY	31 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Cherries & Pineapple WW Roll Dessert			

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 FEE for persons under age 60 is \$10.00

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# WILBUR

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24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 BBQ Chicken Macaroni Salad Herbed Cauliflower Spring Salad Strawberry Shortcake	4 Salmon w/Dill Sauce Wild Rice Venetian Vegetables Spinach Salad Citrus Salad WW Roll Dessert	5 Taco Soup Mexican Style Coleslaw Tropical Fruit Corn Chips Sopapilla Cheesecake	6
9	10 Swiss Steak Steamed Rice Green Beans Spiced Salad Banana French Bread Dessert	11 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	12 Ham Au Gratin Potatoes Peas & Carrots Applesauce WW Roll Tapioca	13
16	17 Cabbage Patch Stew Pasta Salad Apple Juice Tropical Fruit WW Roll Dessert	18 Bratwurst & Sauerkraut Roasted Potatoes Pea Salad Waldorf Salad Dessert	19 Hamburger Steak with Grilled Onions Mashed Potatoes/Gravy Green Beans Garden Salad WW Roll Berry Crisp	20
23	24 Country Fried Steak Mashed Potatoes/Gravy Green Beans WW Roll Cherry Crisp	25 Chicken Burger Deluxe with Bacon & Swiss Jo Jo's Coleslaw Orange Quarters Dessert	26 Chili & Cheese 1/2 Baked Potato Green Salad Corn Bread Strawberry Shortcake	27
30 	31 Meatloaf Potatoes & Gravy Broccoli Normandy Garden Salad WW Roll Fruited Jell-O		<p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p>	

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