

2021

CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS

24 HOURS IN ADVANCE

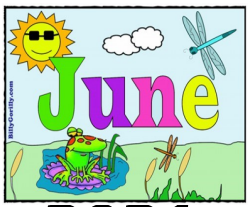
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 BBQ Chicken Potato Salad Pea Salad Fruit Tray WW Roll Rice Krispie Bars	2 Country Fried Steak Potatoes & Gravy Green Beans Chilled Peaches WW Roll Dessert	3 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit WW Roll Dessert	4
7 Baked Ham Au Gratin Potatoes Chopped Kale Salad Plums WW Roll Bread Pudding	8 Taco Salad Spanish Rice Coleslaw Fruit Salad Tortilla Chips Dessert	9 Salisbury Steak & Gravy Mashed Potatoes Green Beans Carrot Raisin Salad WW Roll Fruited Jell-O	10 Stuffed Pepper Casserole 7 Layer Salad WW Roll Cherry Crisp	11
14 Chicken Enchiladas Spanish Rice Baja Veggie Blend Cuke & Tomato Salad Pears Dessert	15 Chicken Strips Jo Jo's Broccoli Salad WW Roll Strawberry Shortcake	16 Pork Chop Suey Steamed Rice Stir Fry Vegetables Asian Slaw Mandarin Oranges WW Roll Dessert	17 Deluxe Cheeseburger Seasoned Fries Coleslaw Apple Celery Salad Dessert	18
21 Hot Dog Baked Beans Coleslaw Carrot Raisin Salad Fruit Salad Dessert	22 Chicken Parmesan Garlic Pasta Key West Veggies Cuke & Tomato Salad WW Roll Dessert	23 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Bran Muffin Dessert	24 Baked Fish with Lemon Pepper Seasoning Wild Rice Chalet Blend Veggies Spiced Salad Chilled Peaches Garlic Bread Dessert	25
28 Lasagna Green Beans Caesar Salad Pears Garlic Bread Dessert	29 Chuck Wagon Steak Sandwich Sweet Potato Fries 49'er Chopped Salad Fresh Fruit Dessert	30 Teriyaki Beef Steamed Rice Oriental Veggies Spinach Salad Mandarin Oranges Egg Roll Dessert		

For information about Home Delivered Meals call 509-470-0522.

You can *visit our website* at www.octn.org and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





2021

ENTIAT

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24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit WW Roll Dessert	4
7 Baked Ham Au Gratin Potatoes Chopped Kale Salad Plums WW Roll Bread Pudding	8	9	10 Stuffed Pepper Casserole 7 Layer Salad WW Roll Cherry Crisp	11
14 Chicken Enchiladas Spanish Rice Baja Veggie Blend Cuke & Tomato Salad Pears Dessert	15	16	17 Deluxe Cheeseburger Seasoned Fries Coleslaw Apple Celery Salad Dessert	18
21 Hot Dog Baked Beans Coleslaw Carrot Raisin Salad Fruit Salad Dessert	22	23	24 Baked Fish with Lemon Pepper Seasoning Wild Rice Chalet Blend Veggies Spiced Salad Chilled Peaches Garlic Bread Dessert	25
28 Lasagna Green Beans Caesar Salad Pears Garlic Bread Dessert	29	30		

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LEAVENWORTH/CASHMERE HOME DELIVERED

PLEASE CALL 509-888-4440 TO CANCEL A MEAL

24 HOURS IN ADVANCE

2021

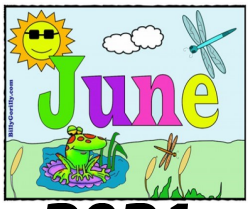
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Only **Home Delivered Meals** are available at this time.	1	2 Country Fried Steak Potatoes & Gravy Green Beans Chilled Peaches WW Roll Dessert	3	4 French Dip Green Beans Garden Salad Pears Dessert
7 Baked Ham Au Gratin Potatoes Chopped Kale Salad Plums WW Roll Bread Pudding	8	9 Salisbury Steak & Gravy Mashed Potatoes Green Beans Carrot Raisin Salad WW Roll Fruited Jell-O	10	11 Chicken Casserole with Bacon and Ranch Normandy Vegetables Tossed Green Salad Mixed Berries Garlic Bread Angel Food Cake
14 Chicken Enchiladas Spanish Rice Baja Veggie Blend Cuke & Tomato Salad Pears Dessert	15	16 Pork Chop Suey Steamed Rice Stir Fry Vegetables Asian Slaw Mandarin Oranges WW Roll Dessert	17	18 Chicken Fettuccine Venetian Vegie Blend Caesar Salad Bread Sticks Blueberry Crisp
21 Hot Dog Baked Beans Coleslaw Carrot Raisin Salad Fruit Salad Dessert	22	23 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Bran Muffin Dessert	24	25 Meatballs & Gravy Mashed Potatoes Mixed Vegetables Cucumbers & Sour Cream WW Roll Dessert
28 Lasagna Green Beans Caesar Salad Pears Garlic Bread Dessert	29	30 Teriyaki Beef Steamed Rice Oriental Veggies Spinach Salad Mandarin Oranges Egg Roll Dessert		

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ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS

24 HOURS IN ADVANCE

2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2 Chicken Enchiladas Spanish Rice Baja Veggie Blend Cuke & Tomato Salad Pears Dessert	3 Stuffed Pepper Casserole Spinach Salad WW Roll Cherry Crisp	4
7 Chef's Salad Fresh Fruit WW Roll Dessert	8	9 French Dip Green Beans Garden Salad Peaches Dessert	10 Chicken Fettuccine Venetian Vegetable Blend Caesar Salad Bread Sticks Blueberry Crisp	11
14 Chicken Strips Roasted Potatoes Broccoli Salad WW Roll Strawberry Shortcake	15	16 Roast Beef & Gravy Mashed Potatoes Beets Garden Salad WW Roll Peach Cobbler	17 Clam Chowder 1/2 Tuna Sandwich Garden Salad Vegetable Tray Pineapple Whole Grain Crackers Cookies	18
21 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit WW Roll Dessert	22	23 Mac & Cheese w/Ham Green Beans Tossed Green Salad Mixed Berries Bran Muffin Dessert	24 Meatballs & Gravy Rice Pilaf Mixed Vegetables Cucumbers & Sour Cream Fruit Salad WW Roll Dessert	25
28 Egg Salad Sandwich Loaded Potato Soup Tossed Veggie Salad Mixed Berries Dessert	29	30 Deluxe Cheeseburger Steak Fries Coleslaw Waldorf Salad Dessert		

For information about Home Delivered Meals call 844-826-7979.

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OKANOGAN / OMAK

PLEASE CALL 422-6776 OR 826-4741

TO RESERVE MEALS 24 HOURS IN ADVANCE

2021

Okanogan	Omak	Okanogan	Closed	Omak
	1 BBQ Chicken Potato Salad Pea Salad Fruit Tray WW Roll Rice Krispie Bars	2 Country Fried Steak Mashed Potatoes Green Beans Chilled Peaches WW Roll Dessert		4 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit WW Roll Dessert
7 Baked Ham Au Gratin Potatoes Chopped Kale Salad Plums WW Roll Bread Pudding	8 Taco Salad Spanish Rice Coleslaw Fruit Salad Tortilla Chips Dessert	9 Salisbury Steak Mashed Potatoes Green Beans Carrot Raisin Salad WW Roll Fruited Jell-O		11 Chicken, Bacon & Ranch Casserole Normandy Vegetables Tossed Green Salad Mixed Berries Garlic Bread Dessert
14 Chicken Enchiladas Spanish Rice Baja Veggie Blend Cuke & Tomato Salad Pears Dessert	15 Deluxe Cheeseburger Seasoned Fries Coleslaw Apple Celery Salad Dessert	16 Pork Chop Suey Rice Stir Fry Veggies Asian Slaw Mandarin Oranges WW Roll Dessert		18 Chicken Fettuccine Venetian Blend Veggies Caesar Salad Bread Sticks Blueberry Crisp
21 Chicken Parmesan Garlic Pasta Key West Veggies Cuke & Tomato Salad Apricots WW Roll Dessert	22 Meatballs Mashed Potatoes Mixed Vegetables Cucumbers / Sour Cream WW Roll Dessert	23 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Muffin Dessert		25 Lemon Pepper Fish Wild Rice Chalet Vegetables Spiced Salad Chilled Peaches Garlic Bread Dessert
28 Lasagna Green Beans Caesar Salad Pears Garlic Bread Dessert	29 Chuck Wagon Steak Sandwich Sweet Potato Fries 49'er Chopped Salad Fresh Fruit Dessert	30 Teriyaki Beef Rice Oriental Veggies Spinach Salad Mandarin Oranges Egg Roll Dessert		

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2021

OROVILLE / TONASKET

PLEASE CALL 476-2412 OR 486-2483

TO RESERVE MEALS 24 HOURS IN ADVANCE

CLOSED	OROVILLE	TONASKET	OROVILLE	TONASKET
	1 Chicken Strips Sweet Potato Fries Pasta Salad Three Bean Salad WW Roll Fruited Jell-O	2 Lemon Pepper Fish Wild Rice Chalet Veggie Blend Coleslaw Melon Bread Stick Dessert	3 Chef's Salad Fresh Fruit WW Roll Dessert	4 Lasagna Zucchini Caesar Salad Fruit Salad Garlic Bread Dessert
7	8 CLOSED	9 CLOSED	10 Chicken Taco Soup Corn Chips Fiesta Salad Cornbread Fruited Jell-O	11 Chicken Fettuccine Peas Spinach Salad Garlic Bread Mixed Berry Crisp
14	15 Chicken Cordon Bleu Pesto Pasta Summer Squash Greek Salad Fresh Fruit WW Roll Dessert	16 Spaghetti & Meat Sauce Caesar Salad Pears Garlic Bread Dessert	17 Roast Beef & Gravy Mashed Potatoes Key West Veggies Spiced Salad WW Roll Peach Cobbler	18 Hot Dog Baked Beans Pickled Beets Carrot Raisin Salad Strawberry Shortcake
21	22 Chicken Caesar Salad Tortellini Soup Apples & Grapes Cheesy Garlic Toast Dessert	23 BBQ Chicken Three Bean Salad Pea Salad Watermelon WW Roll Rice Krispy Treats	24 Mac & Cheese with Bacon Peas & Carrots Tossed Green Salad Mixed Berries Bran Muffin Dessert	25 French Dip Potato Salad Garden Salad Peaches Dessert
28	29 Chicken Parmesan Garlic Pasta Italian Vegetables Greek Salad Focaccia Bread Dessert	30 Sweet & Sour Pork Steamed Rice Mixed Vegetables Asian Salad Mandarin Oranges Egg Roll Dessert		

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TWISP

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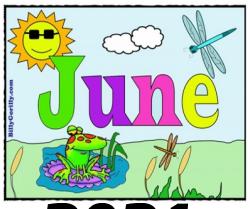
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3 Chicken Enchiladas Spanish Rice Baja Blend Veggies Cuke & Tomato Salad Pears Dessert	4 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Bran Muffin Dessert
7 BBQ Chicken Potato Salad Pea Salad Fruit Tray WW Roll Rice Krispie Treats	8	9	10 Salisbury Steak Potatoes & Gravy Green Beans Carrot Raisin Salad WW Roll Fruited Jell-O	11 Lemon Pepper Fish Wild Rice Chalet Blend Vegetables Spiced Salad Chilled Peaches Garlic Bread Dessert
14 Chicken Cordon Bleu Parsley Potatoes Peas & Carrots Tossed Green Salad WW Roll Oatmeal Cookies	15	16	17 Sweet & Sour Pork Rice Pilaf Mixed Vegetables Asian Salad Pineapple & Cherries Egg Roll Dessert	18 Clam Chowder 1/2 Tuna Sandwich Garden Salad Vegetable Tray Waldorf Salad Whole Grain Crackers Dessert
21 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	22	23	24 Chicken Strips Jo Jo's Broccoli Salad WW Roll Strawberry Shortcake	25 Taco Salad Spanish Rice Coleslaw Fruit Salad Tortilla Chips Dessert
28 Chicken Fettuccine Venetian Blend Veggies Caesar Salad Bread Sticks Blueberry Crisp	29	30		

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WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS

24 HOURS IN ADVANCE

2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Country Fried Steak Potatoes & Gravy Green Beans Chilled Peaches WW Roll Dessert	2 Baked Ham Au Gratin Potatoes Chopped Kale Salad Plums WW Roll Bread Pudding	3 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit WW Bread or Roll Dessert	4
7	8 Hot Dog Baked Beans Coleslaw Carrot Raisin Sala Fruit Salad Dessert	9 Lasagna Green Beans Caesar Salad Pears Garlic Bread Dessert	10 BBQ Chicken Potato Salad Pea Salad Fruit Tray WW Roll Rice Krispy Treat	11
14	15 Deluxe Cheeseburger Jo Jo's Coleslaw Waldorf Salad Dessert	16 Pork Chow Mein Chow Mein Noodles Stir Fry Vegetables Asian Slaw Mandarin Oranges WW Roll Dessert	17 Lemon Pepper Fish Wild Rice Chalet Veggie Blend Spiced Salad Chilled Peaches Garlic Bread Dessert	18
21	22 Spaghetti & Meat Sauce Caesar Salad Garlic Bread Dessert	23 Chef's Salad Fresh Fruit WW Roll Dessert	24 Meatballs & Gravy Mashed Potatoes Mixed Vegetables Cucumbers & Sour Cream WW Bread or Roll Dessert	25
28	29 Chicken Strips Jo Jo's Broccoli Salad WW Bread or Roll Strawberry Shortcake	30 French Dip Green Beans Garden Salad Peaches Dessert		

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