



Wilbur Senior Meals

May 2017



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--------|
| 1 | 2 BBQ Chicken Macaroni Salad Cauliflower & Chives Spring Salad Strawberry Shortcake | 3 Pork Roast Potatoes & Gravy Carrots Spinach Salad Applesauce Whole Wheat Bread Dessert | 4 Hot Turkey Sandwich Potatoes & Gravy Green Beans Mixed Green Salad Chilled Peaches Dessert | 5 |
| 8 | 9 Chicken Cordon Bleu Parsley Potatoes Normandy Vegetables Tossed Green Salad Orange Quarters Whole Wheat Roll Dessert | 10 Biscuits & Gravy O'Brian Potatoes Orange Quarters V-8 Juice Dessert | 11 Turkey Salad Croissant Potato Salad Pea Salad Grapes Cottage Cheese Dessert | 12 |
| 15 | 16 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert | 17 Chicken Fettuccini Italian Vegetables Caesar Salad Mandarin Oranges Bread Sticks | 18 Roast Beef Sandwich With Lettuce & Tomato Carrot Raisin Salad Fruit Cocktail Dessert | 19 |
| 22 | 23 Ham Au Gratin Potatoes Peas & Carrots Green Salad Applesauce Whole Wheat Roll Dessert | 24 Hawaiian Chicken Wild Rice Mixed Vegetables Coleslaw Pineapple Whole Wheat Roll Dessert | 25 Shepherd's Pie Caesar Salad Cottage Cheese Mandarin Oranges Whole Wheat Roll Dessert | 26 |
| 29  | 30 Hamburger Steak Potatoes & Gravy Trio Vegetables Garden Salad Whole Wheat Roll Berry Cobbler | 31 Bratwurst & Sauerkraut Herb Potato Bake Capri Vegetables Waldorf Salad Bun Dessert | | |

Seniors Age 60 & over—suggested donation \$3.50

Under age 60—\$8.00 FEE

Please call the Nutrition Director for more information about the Home
Delivered Meal program toll-free 844-826-7979