





Twisp Senior Meals May 2017



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---------|-----------|--|---|
| 1 Meatloaf Potatoes & Gravy Green Beans Kale Salad Whole Wheat Bread Fruited Jell-O | 2 | 3 | 4 Teriyaki Chicken Rice Oriental Vegetables Coleslaw Whole Wheat Bread Berry Cobbler | 5 Lasagna Corn Caesar Salad Garlic Bread Pears Dessert |
| 8 Chicken & Cheese Enchilada Bake Spanish Rice Corn Southwest Salad Pears Dessert | 9 | 10 | 11 Pork Roast Potatoes & Gravy Carrots Kale Salad Mixed Fruit Whole Wheat Bread Dessert | 12 Crab Melts Macaroni Salad Green Beans Coleslaw Mandarin Oranges Dessert |
| 15 Baked Chicken Basil & Garlic Pasta Pea Salad Green Salad Apricots Whole Wheat Roll Dessert | 16 | 17 | 18 Macaroni & Cheese With Ham Peas & Carrots Tossed Green Salad Pears Bran Muffin Dessert | 19 Hawaiian Day Sweet Sour Ribs Potato Salad Coleslaw Fruit Salad Corn Bread Birthday Cake  |
| 22 Country Fried Steak Stuffing Carrots Kale Salad Apricots Whole Wheat Roll Dessert | 23 | 24 | 25 Goulash Green Salad Peaches Garlic Bread Dessert | 26 Biscuits & Gravy Green Beans Caesar Salad Pineapple Dessert |
| 29 <i>Memorial Day</i>  | 30 | 31 | | |

Seniors Age 60 & over—suggested donation \$3.50
Under age 60—\$8.00 FEE
 Please call the Site Director for more information about the Home
 Delivered Meal program at 997-7722

