





Odessa Senior Meals May 2017



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|-----------|
| <p>1 Meatloaf Potatoes & Gravy Carrots Spinach Salad Applesauce Whole Wheat Bread Dessert</p> | <p>2</p> | <p>3 Quiche (Bacon, Broccoli, Swiss) Tossed Green Salad Fruit Tray Blueberry Muffin Dessert</p> | <p>4 Swiss Steak Shell Pasta Green Beans Banana French Bread Dessert</p> | <p>5</p> |
| <p>8 Cabbage Patch Stew Carrot Coins Pasta Salad Pears Whole Wheat Bread Dessert</p> | <p>9</p> | <p>10 Spinach Lasagna Caesar Salad Apricots Garlic Bread Dessert</p> | <p>11 Ham Au Gratin Potatoes Trio Vegetables Green Salad Spiced Apples Whole Wheat Roll Dessert</p> | <p>12</p> |
| <p>15 Turkey Salad Croissant Potato Salad Pea Salad Grapes Cottage Cheese Dessert</p> | <p>16</p> | <p>17 Ham & Au Gratin Potato Casserole Glazed Carrots Garden Salad Waldorf Salad Whole Wheat Roll Dessert</p> | <p>18 Sloppy Joe's Coleslaw Peaches Dessert</p> | <p>19</p> |
| <p>22 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert</p> | <p>23</p> | <p>24 Hawaiian Chicken Wild Rice Mixed Vegetables Coleslaw Tropical Fruit Whole Wheat Roll Dessert</p> | <p>25 Roast Beef Sandwich With Lettuce & Tomato Carrot Raisin Salad Fruit Cocktail Dessert</p> | <p>26</p> |
| <p>29 <i>Memorial Day</i> </p> | <p>30 </p> | <p>31 Bratwurst & Sauerkraut Herb Potato Bake Capri Vegetables Waldorf Salad Bun Dessert</p> | | |

Seniors Age 60 & over—suggested donation \$3.50

Under age 60—\$8.00 FEE

Please call the Nutrition Director for more information about the
Home Delivered Meal program toll-free 844-826-7979