



Odessa Senior Meals April 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>California Chicken Casserole Lettuce Tomato Salad Apple Celery Salad Cheesy Biscuit Dessert</p>	<p>4</p>	<p>5</p> <p>Yankee Pot Roast Baby Red Potatoes Roasted Carrots Mixed Green Salad Blueberries Whole Wheat Bread Dessert</p>	<p>6</p> <p>Chili with Cheese Garden Salad Vegetable Tray Peaches Cornbread Dessert</p>	<p>7</p>
<p>10</p> <p>Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert</p>	<p>11</p>	<p>12</p> <p>Beef Stew Green Salad Peaches Whole Wheat Bread Dessert</p>	<p>13</p> <p>Pork Roast Potatoes & Gravy Baked Squash Tossed Vegetable Salad Applesauce Whole Wheat Bread Dessert</p>	<p>14</p>
<p>17</p> <p>Shrimp Fettuccini Asparagus Caesar Salad Mixed Berries Whole Wheat Roll Dessert</p>	<p>18</p>	<p>19</p> <p>Sweet & Sour Meatballs Garden Rice Oriental Vegetables Coleslaw Bananas & Oranges Whole Wheat Roll Dessert</p>	<p>20</p> <p>Split Pea & Ham Soup Vegetable Pasta Salad Spinach Salad Cottage Cheese Peaches Whole Wheat Roll Rice Pudding</p>	<p>21</p>
<p>24</p> <p>Pork Chops Au Gratin Potatoes Brussel Sprouts Green Salad Applesauce Biscuit Dessert</p>	<p>25</p>	<p>26</p> <p>Lemon Baked Fish Oven Browned Potatoes Glazed Carrots Coleslaw Fresh Fruit Cornbread Dessert</p>	<p>27</p> <p>Sweet & Sour Pork Over Noodles Mixed Vegetables Spring Salad Tropical Fruit Whole Wheat Roll Dessert</p>	<p>28</p>

Seniors Age 60 & over—suggested donation \$3.50

Under age 60—\$8.00 FEE

Please call the Nutrition Director for more information about the
Home Delivered Meal program toll-free 844-826-7979