



Leavenworth Senior Meals April 2017



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Stuffed Green Peppers Whipped Potatoes 49er Salad Apricots Dessert</p>	<p>4 Sweet & Sour Pork Over Noodles Trio Vegetables Coleslaw Tropical Fruit Whole Wheat Roll Dessert</p>	<p>5 Chicken Fried Steak Potatoes & Gravy Green Beans Tossed Green Salad Whole Wheat Roll Apple Crisp</p>	<p>6 Meatloaf Potatoes & Gravy Asparagus Spinach Salad Chilled Pears Bran Muffin Dessert</p>	<p>7 Egg Salad Sandwich Minestrone Soup Oregon Berries Dessert</p>
<p>10 1/2 Ham & Cheese Sandwich Corn Chowder Tossed Salad Apple Crisp</p>	<p>11 Oven Fried Chicken Sweet Potatoes Creamed Peas Green Salad Grapes Biscuit Dessert</p>	<p>12 Beef Stroganoff Green Beans Tossed Green Salad Strawberries & Bananas Whole Wheat Roll Dessert</p>	<p>13 Quiche Bacon, Broccoli, Swiss Spinach Salad Fruit Tray Blueberry Muffin Dessert</p>	<p>14 Lemon Baked Fish Oven Brownd Potatoes Glazed Carrots Coleslaw Peaches Cornbread Dessert</p>
<p>17 Tater Tot Casserole Carrot Raisin Salad Cottage Cheese Whole Wheat Roll Peach Cobbler</p>	<p>18 Shrimp Fettuccini Asparagus Caesar Salad Mixed Berries Whole Wheat Roll Dessert</p>	<p>19 Wild Rice & Ham Casserole Mixed Vegetables Spinach Salad Orange Quarters Whole Wheat Roll Dessert</p>	<p>20 Yankee Pot Roast Baby Red Potatoes Roasted Carrots Mixed Green Salad Blueberries Whole Wheat Bread Dessert</p>	<p>21 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert</p>
<p>24 Pork Roast Potatoes & Gravy Baked Squash Tossed Vegetable Salad Applesauce Whole Wheat Bread Dessert</p>	<p>25 Tuna Noodle Casserole w/Cheese Green Beans Garden Salad Blueberries Whole Wheat Roll Dessert</p>	<p>26 Honey Mustard Chicken Brown Rice Mixed Vegetables Spinach Salad Tropical Fruit Whole Wheat Roll Dessert</p>	<p>27 Sweet & Sour Meatballs Garden Rice Oriental Vegetables Coleslaw Bananas & Oranges Whole Wheat Roll Dessert</p>	<p>28 Potato Bar Vegetable Beef Soup Cottage Cheese Vegetable Tray Spring Salad Fruit Salad Whole Wheat Roll Dessert</p>

24 HOURS IN ADVANCE TO RESERVE OR CANCEL

It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it—Please call and cancel!
Leavenworth 509-548-6666 8am & 2 pm



Seniors Age 60 & over—suggested donation \$3.50

Under age 60—\$8.00 FEE

Please call 509-470-0522 for more information about the Home Delivered Meal program.