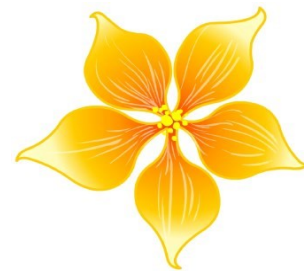




Harrington Senior Meals May 2017



Monday	Tuesday	Wednesday	Thursday	Friday
1 Spinach Lasagna Caesar Salad Apricots Garlic Bread Dessert	2 Hawaiian Chicken Wild Rice Mixed Vegetables Coleslaw Tropical Fruit Whole Wheat Roll Dessert	3 Meatloaf Potatoes & Gravy Broccoli Green Salad Whole Wheat Bread Fruited Jell-O	4	5
8 Roast Beef Sandwich With Lettuce & Tomato Carrot Raisin Salad Pears Dessert	9 Chicken Cordon Bleu Parsley Potatoes Normandy Vegetables Tossed Green Salad Mandarin Orange Whole Wheat Roll Dessert	10 Chili Cheese Stuffed Baked Potato Beets Green Salad Strawberry Shortcake	11	12
15 Bratwurst & Sauerkraut Herb Potato Bake Capri Vegetables Waldorf Salad Bun Dessert	16 Ham & Cheese Quiche Asparagus Garden Salad Fresh Fruit Blueberry Muffin Dessert	17 Baked Fish Basil & Garlic Pasta Trio Vegetables Coleslaw Whole Wheat Roll Peach Cobbler	18	19
22 Hot Turkey Sandwich Potatoes & Gravy Green Beans Mixed Green Salad Chilled Peaches Dessert	23 BBQ Chicken Macaroni Salad Cauliflower & Chives Spring Salad Fresh Fruit Biscuit Dessert	24 Swedish Meatballs Angel Hair Pasta Carrots Caesar Salad Tropical Fruit Whole Wheat Roll Dessert	25	26
29 <i>Memorial Day</i> 	30 Ham Au Gratin Potatoes Mixed Vegetables Green Salad Spiced Apples Whole Wheat Roll Dessert 	31 Cabbage Patch Stew Carrot Coins Pasta Salad Pears Whole Wheat Bread Dessert		

Seniors Age 60 & over—suggested donation \$3.50

Under age 60—\$8.00 FEE

Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979