



Davenport Senior Meals April 2017



Monday	Tuesday	Wednesday	Thursday	Friday
3	4 Honey Mustard Chicken Brown Rice Mixed Vegetables Coleslaw Tropical Fruit Whole Wheat Roll Dessert	5	6 Beef Stroganoff Green Beans Tossed Green Salad Strawberries & Bananas Whole Wheat Roll Dessert	7 Quiche Bacon, Broccoli, Swiss Spinach Salad Fruit Tray Blueberry Muffin Dessert
10	11 $\frac{1}{2}$ Ham & Cheese Sandwich Corn Chowder Tossed Salad Apple Crisp	12	13 Meatloaf Potatoes & Gravy Asparagus Spinach Salad Chilled Pears Bran Muffin Dessert	14 Tuna Noodle Casserole w/Cheese Green Beans Garden Salad Blueberries Whole Wheat Roll Dessert
17	18 Pork Chops Au Gratin Potatoes Brussel Sprouts Green Salad Applesauce Biscuit Dessert	19	20 Lemon Baked Fish Oven Browned Potatoes Glazed Carrots Coleslaw Peaches Cornbread Dessert	21 Potato Bar Vegetable Beef Soup Cottage Cheese Vegetable Tray Spring Salad Fruit Salad Whole Wheat Roll Dessert
24	25 California Chicken Casserole Lettuce Tomato Salad Apple Celery Salad Cheesy Biscuit Dessert	26	27 Tater Tot Casserole Carrot Raisin Salad Cottage Cheese Whole Wheat Roll Peach Cobbler	28 Split Pea & Ham Soup Trio Vegetables Garden Salad Cottage Cheese Peaches Rice Pudding

Seniors Age 60 & over—suggested donation \$3.50

Under age 60—\$8.00 FEE

Please call the Nutrition Director for more information about
the Home Delivered Meal program toll-free 844-826-7979