




Chelan Senior Meals May 2017



Monday	Tuesday	Wednesday	Thursday	Friday-Manson
1 Chicken Cacciatore Wild Rice Blend Italian Vegetables Grapes WW Roll Sherbet	2 Swiss Steak with Tomato Sauce Shell Pasta California Blend Veggie Banana French Bread Brownies	3 Hot Turkey Sandwich Mashed Potatoes Green Beans Pineapple Mixed Greens Salad WW Bread or Roll Pineapple Upside Down Cake	4 Hamburger Steak Mashed Potatoes Trio Vegetables Garden Salad WW Bread or Roll Peach Cobbler	5 Baked Fish Basil & Garlic Pasta Asparagus Coleslaw WW Roll Berry Cobbler
8 Chicken Cordon Bleu Parsley Potatoes Normandy Veggies Tossed Green Salad Fruit Cocktail WW Bread or Roll Jell-O w/Topping	9 Pork Roast w/gravy Mashed Potatoes Carrots Spinach Salad Applesauce WW Bread or Roll Frosted Cake	10 Chili Cheese Stuffed Baked Potato Beets Garden Salad Strawberry Shortcake	11 Spinach Lasagna Caesar Salad Apricots Garlic Bread Pudding	12 Hawaiian Chicken Wild Rice Blend Mixed Vegetables Coleslaw Tropical Fruit WW Roll Frosted Cake
15 Swedish Meatballs Angel Hair Pasta Glazed Carrots Caesar Salad Cherries & Pineapple WW Bread or Roll Frosted Cake	16 Ham & Cheese Quiche Asparagus Garden Salad Fresh Fruit Tray Blueberry Muffin	17 Orange Glazed Chicken Au Gratin Potatoes Trio Vegetables Creamy Coleslaw Chilled Pineapple Muffin Pudding	18 Beef & Tomato Pasta Casserole Spinach Salad Chilled Peaches WW Roll Ice Cream	19 Polish Sausage & Sauerkraut Herbed Potato Bake Capri Vegetables Waldorf Salad WW Bun or Roll Chocolate Cake
22 Meatloaf Potatoes & Gravy Broccoli Cuts Garden Salad WW Bread or Roll Fruited Jell-O	23 Biscuits & Sausage Gravy O'Brien Potatoes Orange Quarters V-8 Juice Sherbet	24 Chicken Fettuccini Italian Vegetables Tossed Green Salad Bread Sticks Apple Crisp	25 Sandwich Bar (3oz. Meat & Cheese) Potato Salad Apricots Cookies	26 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Cookies
29  Closed	30 Roast Beef Sandwich Carrot Raisin Salad Fruit Cocktail Ice Cream	31 Beef Tacos Spanish Rice Coleslaw Fruit Cup Carrot Cake	<div style="border: 2px solid black; padding: 10px; text-align: center;"> <p>Seniors Age 60 & over—suggested donation \$3.50</p> <p>Under age 60—\$8.00 FEE</p> <p>Please call 509-470-0522 for more information about the Home Delivered Meal program.</p> </div> <div style="border: 2px solid black; padding: 10px; margin-top: 10px; text-align: center;"> <p>It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it—Please call and cancel! For Chelan 888-4440 between 8am & 2 pm</p> </div>	