




Senior Meals

Brewster-Bridgeport-Pateros

May 2017



Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Cordon Bleu Parsley Potatoes Normandy Vegetables Tossed Green Salad Orange Quarters Whole Wheat Roll Dessert	2 Cabbage Patch Stew Carrot Coins Pasta Salad Pears Whole Wheat Bread Dessert	3 Swedish Meatballs Angel Hair Pasta Green Beans Caesar Salad Cherries & Pineapple Whole Wheat Roll Dessert	4 Roast Beef Sandwich With Lettuce & Tomato Carrot Raisin Salad Fruit Cocktail Dessert	5
8 Bratwurst & Sauerkraut Herbed Potato Bake Capri Vegetables Waldorf Salad Whole Wheat Bun Dessert	9 Hamburger Steak Potatoes & Gravy Trio Vegetables Garden Salad Apricot Crisp	10 Pork Roast Potatoes & Gravy Carrots Spinach Salad Peaches Whole Wheat Bread Dessert	11 BBQ Chicken Macaroni Salad Cauliflower & Chives Spring Salad Strawberry Shortcake	12
15 Baked Fish Garlic & Basil Pasta Asparagus Coleslaw Whole Wheat Roll Peach Cobbler	16 Biscuits & Gravy O'Brian Potatoes Orange Quarters Tomato Juice Dessert	17 Swiss Steak Shell Pasta CA Blend Vegetables Banana French Bread Dessert	18 Ham Au Gratin Potatoes Peas & Carrots Green Salad Spiced Apples Whole Wheat Roll Dessert	19
22 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	23 Turkey Salad Croissant Broccoli Salad Trio Vegetables Grapes Cottage Cheese Dessert	24 Meatloaf Potatoes & Gravy Green Beans Garden Salad Whole Wheat Bread Fruited Jell-O	25 Ham & Au Gratin Potato Casserole Glazed Carrots Garden Salad Waldorf Salad Whole Wheat Roll Dessert	26
29 	30 Sloppy Joe's Coleslaw Peaches Dessert	31 Chicken Fettuccini Italian Vegetables Caesar Salad Bread Sticks Berry Crisp		



Seniors Age 60 & over—suggested donation \$3.50
Under age 60—\$8.00 FEE

Please call the Site Director for more information about the Home Delivered Meal program at 689-2815

