



Chelan Senior Meals December 2018



Monday	Tuesday	Wednesday	Thursday	Friday-Manson
<p>3 Hearty Turkey and Noodle Soup Cottage Cheese Tossed Veggie Salad Fresh Fruit Tray WW Roll Dessert</p>	<p>4 Beef & Cheese Enchiladas Spanish Rice Baja Vegetable Blend Mexican Coleslaw Mandarin Oranges Dessert</p>	<p>5 Stuffed Cabbage Rolls Trio Vegetables Three Bean Salad WW Roll Apricot Crisp</p> 	<p>6 French Dip Vegetable Tray Garden Salad Peaches Dessert</p>	<p>7 Chicken Cacciatore Wild Rice Blend Italian Vegetables Grapes WW Roll Dessert</p>
<p>10 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert</p>	<p>11 Meatloaf & Gravy Mashed Potatoes Green Beans Garden Salad WW Bread or Roll Fruited Jell-O</p>	<p>12 Chef Salad Potato Soup Cinnamon Apples WW Roll Dessert</p>	<p>13 Macaroni & Cheese with Ham or Bacon Peas Tossed Green Salad Mixed Berries Muffin Dessert</p> 	<p>14 Beef Taco Pie Spanish Rice Mexi Corn Garden Salad Spiced Apples Dessert</p>
<p>17 Chicken Fettuccine Italian Vegetables Caesar Salad Mandarin Oranges Bread Sticks Dessert</p>	<p>18 Harvest Stew Coleslaw Peaches WW Roll Dessert</p> 	<p>19 Baked Ham Scalloped Potatoes Glazed Carrots Chopped Kale Salad Pineapple & Cherries Bread & Raisin Pudding</p>	<p>20 Chicken Pot Pie Garden Salad Mixed Berries Carrot Cake</p>	<p>21 Orange Glazed Chicken Garden Rice Stir Fry Veggies Asian Style Slaw Chilled Pineapple WW Bread or Roll Dessert</p>
<p>24 CLOSED</p> 	<p>25 CLOSED</p>	<p>26 Lasagna Mixed Vegetables Caesar Salad Ears Garlic Bread Dessert</p>	<p>27 Chicken Burger Deluxe Sweet Potato Fries Orange Quarters Brownies</p> 	<p>28 French Dip Vegetable Tray Garden Salad Peaches Dessert</p>
<p>31 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert</p>				

**Seniors Age 60 & over—
suggested donation \$4.00**

Under age 60—\$8.50 FEE

Please call 509-470-0522 for more information about the Home Delivered Meal program.

It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it—Please call and cancel!
Chelan 888-4440
Msndon 687-3636

24 HOURS IN ADVANCE TO RESERVE OR CANCEL



Entiat Senior Meals December 2018



Monday	Tuesday	Wednesday	Thursday	Friday
3 Hearty Turkey and Noodle Soup Tossed Veggie Salad Fresh Fruit Tray WW Roll Dessert	4	5	6 French Dip Vegetable Tray Garden Salad Peaches Dessert	7 
10 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert	11 	12	13 Macaroni & Cheese with Ham or Bacon Peas Tossed Green Salad Mixed Berries Muffin Dessert	14
17 Chicken Fettuccine Italian Vegetables Caesar Salad Mandarin Oranges Bread Sticks Dessert	18	19	20 Chicken Pot Pie Garden Salad Mixed Berries Carrot Cake	21 
24 CLOSED 	25 CLOSED	26 	27 Chicken Burger Deluxe Sweet Potato Fries Orange Quarters Brownies	28
31 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert				

24 HOURS IN ADVANCE TO RESERVE OR CANCEL

It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it—Please call and cancel!
 For Chelan 888-4440 between 8am & 2 pm
 For Entiat 888-0952

Seniors Age 60 & over—suggested donation
\$4.00

Under age 60—\$8.50 FEE




Please call 509-470-0522 for more information about the Home Delivered Meal program.



Manson Senior Meals December 2018



Monday Tuesday Wednesday Thursday Friday-MANSON

<p>3 Hearty Turkey and Noodle Soup Cottage Cheese Tossed Veggie Salad Fresh Fruit Tray WW Roll Dessert</p>	<p>4 Beef & Cheese Enchiladas Spanish Rice Baja Vegetable Blend Mexican Coleslaw Mandarin Oranges Dessert</p>	<p>5 Stuffed Cabbage Rolls Trio Vegetables Three Bean Salad WW Roll Apricot Crisp</p>	<p>6 French Dip Vegetable Tray Garden Salad Peaches Dessert</p>	<p>7 Chicken Cacciatore Wild Rice Blend Italian Vegetables Grapes WW Roll Dessert</p>
<p>10 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert</p>	<p>11 Meatloaf & Gravy Mashed Potatoes Green Beans Garden Salad WW Bread or Roll Fruited Jell-O</p>	<p>12 Chef Salad Potato Soup Cinnamon Apples WW Roll Dessert</p> 	<p>13 Macaroni & Cheese with Ham or Bacon Peas Tossed Green Salad Mixed Berries Muffin Dessert</p>	<p>14 Beef Taco Pie Spanish Rice Mexi Corn Garden Salad Spiced Apples Dessert</p>
<p>17 Chicken Fettuccine Italian Vegetables Caesar Salad Mandarin Oranges Bread Sticks Dessert</p>	<p>18 Harvest Stew Coleslaw Peaches WW Roll Dessert</p>	<p>19 Baked Ham Scalloped Potatoes Glazed Carrots Chopped Kale Salad Pineapple & Cherries Bread & Raisin Pudding</p>	<p>20 Chicken Pot Pie Garden Salad Mixed Berries Carrot Cake</p>	<p>21 Orange Glazed Chicken Garden Rice Stir Fry Veggies Asian Style Slaw Chilled Pineapple WW Bread or Roll Dessert</p>
<p>24 CLOSED</p>	<p>25 CLOSED</p>	<p>26 Lasagna Mixed Vegetables Caesar Salad Ears Garlic Bread Dessert</p>	<p>27 Chicken Burger Deluxe Sweet Potato Fries Orange Quarters Brownies</p>	<p>28 French Dip Vegetable Tray Garden Salad Peaches Dessert</p> 
<p>31 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert</p>			<p>Seniors Age 60 & over—suggested donation \$4.00 Under age 60—\$8.50 FEE</p> <p>Please call 509-470-0522 for more information about the Home Delivered Meal program.</p>	

MERRY CHRISTMAS




24 HOURS IN ADVANCE TO RESERVE OR CANCEL

It is very costly to the senior meal program when you do not cancel your reservations.
If you know you can't make it—Please call and cancel!
For Chelan 888-4440 between 8am & 2 pm For Manson 687-3377



Leavenworth Senior Meals December 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Chicken Cordon Bleu Parsley Potatoes Green Beans Spinach Salad Orange Quarters WW Bread or Roll Lemon Bars</p>	<p>4 Macaroni & Cheese with Bacon or Ham Peas Tossed Green Salad Mixed Berries Muffin Dessert</p>	<p>5 Stuffed Cabbage Rolls Trio Vegetables 3 Bean Salad WW Bread or Roll Apricot Crisp</p>	<p>6 Baked Ham Scalloped Potatoes Glazed Carrots Chopped Kale Salad Pineapple & Cherries Bread Pudding</p>	<p>7 BBQ Meatballs Rice Pilaf Italian Vegetables Caesar Salad Fruit Cocktail WW Bread or Roll Dessert</p>
<p>10 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit WW Bread or Roll Lemon Bars</p>	<p>11 Roast Beef Baked Potato Green Bean Casserole 7 Layer Salad Fruit Ambrosia WW Roll Special Dessert</p>	<p>12 Pork Chow Mein Stir Fry Vegetables Asian Slaw Mandarin Oranges WW Roll Dessert</p> 	<p>13 Spaghetti & Meat Sauce Caesar Salad Sliced Pears Garlic Bread Dessert</p>	<p>14 Harvest Stew Coleslaw Peaches WW Bread Dessert</p> 
<p>17 1/2 Ham & Cheese Sandwich Cottage Cheese Corn Chowder Fresh Fruit Tray Dessert</p> 	<p>18 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches French Bread Dessert</p>	<p>19 Lasagna Mixed Vegetables Caesar Salad Pears Garlic Bread Dessert</p>	<p>20 Chicken Cacciatore Wild Rice Blend Italian Vegetables Grapes WW Roll Dessert</p>	<p>21 Country Fried Steak Mashed Potatoes Green Beans Tossed Veggie Salad Fruit Cocktail WW Bread or Roll Dessert</p>
<p>24 CLOSED</p>	<p>25 CLOSED</p>	<p>26 Clam Chowder Cottage Cheese Green Salad V-8 Juice Tropical Fruit Blend Dessert</p>	<p>27 Salisbury Steak Potatoes & Gravy Trio Vegetables Carrot Raisin Salad WW Bread or Roll Fruit Cobbler</p>	<p>28 Ham & Cheese Quiche Steamed Broccoli Garden Salad Orange Quarters Blueberry Muffin</p>
<p>31 Hearty Turkey and Noodle Soup Tossed Veggie Salad Fresh Fruit Tray WW Roll Dessert</p>		<p align="center">Seniors Age 60 & over—suggested do- nation \$4.00</p> <p align="center">Under age 60—\$8.50 FEE</p> <p align="center">Please call 509-470-0522 for more information about the Home Delivered Meal program.</p>		<p>It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it 509-548-6666</p>

24 HOURS IN ADVANCE TO RESERVE OR CANCEL